

Kiiko Matsumoto Baltimore, July 27-28, 2013

DU15:

Jing - 經, meridians: these are the vertical lines

以督为經 - because of Du there are Meridians

This comes from Zhuang Zi

➔ If we affect the Du, the meridians will be influenced

Spine is ectoderm, like skin, perhaps that is why Du is origin
(like skin zones spread out to sides)

Du - 督 - this is bean (Shu 尗, Kiiko says like the bean stalk)

with hand (又) to climb the stalk

so the eye (目) can see,

thus to supervise: the governor sees from above

root of climbing up is Ming Men, or perhaps a bit lower

Ren – symbolic of mouth to anus tube

Tongue is ancient muscle: for fish (our ancestors) it acts as hand – to catch food

Kids – bite: tongue is a primitive hand

Kiiko says the “tongue is muscle starting place”

Su Wen 59 – Ren starts at Horizontal Bone

Hyoid bone is “tongue bone” (She Gu - 舌骨)

Du – starts at hole in back of head, goes down to tail bone

arms and legs come later

if you look up DU15 and ST9 are on the same horizontal line

this is the angle of the head for a fish

DU15 – in ancient times was called

Horizontal Tongue (Heng She, 橫舌)

DU16 – was called Root of Tongue (She Ben, 舌本)

Lei Jing (circa 1601) – this is when Chinese started drawing: this was a Western influence. But in spite of European anatomy, the drawing shows the kidney as attached to the spine at Ming Men, because that is the Chinese understanding

Kidney is attached to the spine, it creates the brain, the Ocean of Marrow (Sui, 髓)

Sui (髓) – any part of the body surrounded by bone (it is bone, 骨 + meat, 膾)

e.g., bone marrow, brain, spinal cord

Brain damage – use DU4

above Kid3 (look for dent, puffy)
Heart of Sole (or Shao Yin Jue)
stroke, Parkinson's, head injury as well as depression, etc.

“end of spinal cord” –

like a Jing Well point, influences whole spine
Kiiko thinks this is Ming Men: L2-L3 is end of spinal cord

Brain (Nao, 腦) – this is Sui in the head

“inside of fontanel bone”

(the rivers/hair, 川 Chuan in the skull, 囟 Xin)

If DU4 is painful, spinus erectus muscles are hard – use Heart of Sole

Jue Shao Yin + Ming Men – for emotional type with T5

Hyperactive kids – DU15, Jue Shao Yin or Heart of Sole, DU4

Shao Yin Jue & Heart of Sole:

Nan Jing 3 – one of the dying pulses is when it verflows towards the Fish

LU10 is Fish Edge, 魚際

the thenar eminence is the fish and LU10 is on the edge

Su Wen says we have 4 fish: when the palms are up the fish of the hands
point toward Heaven

Ming Men is Small Heart (small heart must be small, not punding)

we have 5 hearts

Heart of Sole treats the Small Heart

Use Herat of Sole (Or Shao Yin Jue) to treat Ming Men

Ming Men –

Nagano used for person who survived near death experience

Fish – is survivor, it is symbol of being reborn (Earth)

(unlike bird – symbol of Heaven: phoenix never dies)

Jue, 厥 – obstruction that disturbs whole circulation

Neuroma (usually fourth toe) – cannot use the Jue points

use G.B.44.43

+ Insomnia (for any pain)

If you have one-sided operations – Ren Mai will shift
Coordination problem type – also Ren Shift candidate

In the back, the equivalent to SP15 (balance bar) is U.B.47 area
(L1- Xuan Shu, 懸樞, Suspended Pivot,
to T11, 脊中, Ji Zhong Centre of Spine
or T10 - 中樞, Central Pivot)

Right ST27 – reflects digestion and candida
Antibiotics, candida, diabetics, all show right ST27
use ST41 (outside of tendon, needle down towards G.B.40)
+ WHO P.8 (between second and third carpals)

Right ST27 can also reflect pelvic shift

Ren12 - 中脘 -
Rugae
also “fat in bone” (not in current character but older character)
➔ Ren12 is very important for neurology

Esophagus:
Ren17 – on light pressure, it reflects anxiety etc
if only pain on heavy pressure – esophagus
Ren15 – also esophageal reflex, acid reflux reflex
also cardiac (but up and towards left)

P.6 + SP4 – for stomach (opposite to ST21 that show pressure pain)

Parkinson's – G.B.39 + SP9
U.B.60 also for brain, helps G.B.39

Kidneys – can be palpated (reflex) from abdomen for kidney failure etc (~SP15)

Hard to lose weight – typical is in hormonal or psychiatric meds

Itchy – can be liver, hormonal related

Fatigue – adrenal or liver related

Hypothyroid – L2, T11/12, T9, T4

U.B.43 – for genetic disorders

Hua Tuo – Nagano called neuro-motor reflex (thoracic)

S.I.10 (needle towards scapula) – for gluteus, trochanter

G.B.22 – for lymph fluid, also ears

Inside ear – otolith (stone in liquid) – this fluid is same as ocean fluid

Any pain that starts in neck – check C4 (treat ST9)

DU12 – any problem in neck or above

Kid16 – for any back pain.

according to Japanese moxibustionists,
it is the best point for back pain and sciatica

Lack of estrogen – narrows blood vessels, makes Raynaud's symptoms worse

Check G.B.20 (treat U.B.66)

L5 – very important for circulation

U.B.32 – women's point

U.B.33 – men's point

U.B.34 – testosterone point (they show fatigue) – both reflex and treatment

Relax bicep point – two fingers below LU5

in the back – use outer edge of scapula (needle under scapula)

Hand stiff/tight (especially at menopause) – Kid6 + Kid27

Pelvic/Sacral shift –

S.I joint pain that is one sided – use exact same location as pain on opposite side
do not palpate, or poke, needle and stimulate
then re-check and take out

G.B.34 – for S.I. joint

G.B.27 (inguinal towards leg)

Tachycardia – Under Second Toe

check U.B.60 and use U.B.66, 67 or U.B.60

for ANS, if under-3rd-Toe does not work you can try the Jing Well or the Jue of that toe

Food Poisoning point – calms down parasympathetic system

food poisoning activates the intestines

intestinal activity is parasympathetic

eyelid ptosis – use LU10 (Fish) – fish never closes eyes (you can add fish in feet)

eye tic – Kid6 + Kid27

cataract point – above apex of ear when the ear is folded forward

G.B.18 – Cheng Ling (承靈, Receive Spirit) to fix DU20 – use for centre line

H.A. – some headaches are from brain impulses, like seizures of epilepsy – use DU2

Kiiko Matsumoto 7/27-28/2013 - Treatments

I. Kidney Failure:

78 year old woman
in past 10 years: kidney stones - did not hurt, but removed (unsure which side)
now kidney failure
was 3lb at birth
hypertension. Blood pressure can also go high during acupuncture treatments
age 47 - ovarian cyst taken out (unsure which side)
age 56 – broke right hip (metal rods inserted)
Dupuytren's – right small finger and left middle

Findings:

Oketsu	
SP15 %	reflect Kidneys
G.B.26 %	urethra shows on Dai Mai
Kid11, Ren2	
Left SP20	
Kid25 %	
	DU15 alleviates all
	Kiiko thinks urethra was damaged
	- use U.B.28 towards Ren6

Treatment (on right side):

	Findings –
	T4, T5
	T7
	T11
	L2
	U.B.28
DU15	
Jue Tai Yang + Jue Shao Yin + okyu	fixed spinal findings
	trying U.B.28 – it is painful
G.B.34	for S.I. joint (U.B.28)
S.J.5	for sympathetic dominance

Treatment (on left side):

DU15 (again)	
S.J.5	
Jue Shao Yang + okyu	for right trochanter pain
S.I.10 (towards scapula)	for trochanter

II. Hypothyroid:

46 year old woman
Hypothyroid
Fatigue and anxiety for past 6 years
Ear congestion – 4 years
allergies

Findings:

right S.J. 17
right SCM
right Kid16
Ren7, Ren6
right under ribs

refelction of ear/TMJ

right sided symptoms, also itchy

trying DU15 –
because of Yin Tang (psych point)
DU15 – makes all better, but Kid16

Treatment (front):

DU15
right ST41 + P.8
Liv1
Kid9 + 27
right SP7 + okyu
right ST25 + Liv13

Kiiko thinks inflammation in ear
for itchy
adrenal for fatigue
for ear
fixed liver – fatty liver for fatigue

Treatment (on left side):

left U.B.35
DU4, T11.12, T9, T4
U.B.43 + okyu
G.B.22

for right U.B.18
hypothyroid
genetic (mom was hypothyroid)
for ear

Treatment (back):

Jue Shao Yin
DU4

for DU4
for T5

III. Digestion Issues:

This was a quick demo in between patients

2008 – right upper quadrant pain
2010 – gluten free diet: pain gone
2013 - candida
Insomnia

Findings:

right ST27

reflects digestion and candida

Treatment:

right S.I.11
right ST41 + P.8
Jue Yang Ming
Jue Shao Yang
S.J.5
DU4

to treat digestion
anti-inflammatory, candida

IV. Pain:

44 year old woman
left hand pain and numbness
whiplash and low back pain(herniated L4-L5, cortisone injections 2011)
lactose intolerance
potential Hashimoto's Thyroiditis

Findings:

above ankle scars %	from infusions as an infant
left P.8	
C4	
ST9 %	
CKid11 %	
Kid2 %	
right ST27	pelvic shift

Treatment (front):

Kid7, Kid10 + Kid27	
DU15	
ST41	
Heart of Sole	for L2
left ST9	for P.8 pain
+ P.3	Water point for pain
left Jue Tai Yin	

Treatment (back):

HT3	L4 is painful one side
1 finger below HT1	
C7 – opposite to L5 pain	
Jue Shao Yin	
U.B.47	balance (of vertical channels) in the back is T11/12 line

V. Back Pain, Vericose Veins:

54 year old woman

Back pain- last three weeks, from bowling, pain is worse at night

Raynaud's – numb with barometric pressure, cold

History –

cast at 3 years old (for 2 years) for knotted knees

constipation

insomnia

scoliosis

bronchitis as a child

menopause

severe anemia as a child: iron deficient until she stopped bleeding

vericosity

Findings:

Checking legs below knee – which channel is worse

Liver %, G.B.%, left Kidney and Spleen

Ren12

left ST21

L4-L5

Ren15

Above Ren15, on xyphoid

Ren17

G.B.20

Rugae (iron insufficiency)

Kiiko thinks she does not have

stomach juice to break down food

Odi (muscular) - released L5 a little

+ Ren12 – even better

SP3 – helps also

Kid16 – changed back fully

acid reflux, esophageal reflex

insomnia, anxiety, worry

P.6 + S4 for stomach, but not on left

because SP3 on left for muscular

menopause

Treatment (front):

U.B.66 % + okyu

U.B.2 + Yu Yao

left SP3

Ren12

Jue Tai Yang, Jue Shao Yang

for G.B.20

(lack of estrogen exacerbates Raynaud's)

she had itchy eye; Upper Dan Tian

now G.B. channel is better

for G.B. line

varicosity on G.B.

Treatment (on left side):

L5

Insomnia + Tai Yang Jue

U.B.32

very important for circulation

women's point

VI. Parkinson's:

67 year old woman
Parkinson's
digestion issues – GERD, constipation, indigestion, bloating, hemorrhoids
knee replacements – both knees
depression, anxiety, insomnia
Anemia
left shoulder pain, frozen
stiff neck
right ankle weak and painful

Findings:

left arm goes up only to 90°, due to scar tissue from arthritis operation
Jian Qian (below L.I.15)
right ankle ~G.B.40
right Kid16
right ST27
left ST21
Liver – under ribs
left SCM

Ren15

digestion
digestion

Parkinson's
also she took pills to stop stomach acid
so as to lose weight

Treatment (front):

ST41 + P.8
left 2 fingers below LU5
above Kid3 + Kid27
add left Liv4

bicep releasing – for shoulder
brain – check Kid3 against scalp motor area
for Oketsu
(no LU5 due to bicep releasing point)

Treatment (on right side):

Left S.I.10
Left Outer edge of Scapula
eft Heart of Sole
then DU4
left G.B.39 + SP9

for shoulder
for shoulder (bicep releasing)
brain

Parkinson's

Treatment (on left side):

DU12
right G.B.39 + SP9
right Heart of Sole + DU4
right U.B.60
left U.B.43

neck and any problem above
Parkinson's

helps G.B.39
for left shoulder
(easier in this position to get under scapula)

X. Headaches:

56 year old woman
History of headaches
Anxiety and depression
concussions (many) in college
she used to faint, then fall, fell on occiput
2009 – hysterectomy due to fibroids

Findings:

Mushy DU20, also hot
cooler feet
G.B.20

Treatment (front):

U.B.66	for G.B.20
left Liv4 + LU5	Oketsu
left ST27	for right G.B.20
SP9 + G.B.34 + G.B.>27 (toward leg)	hot flushes
U.B.2 + Yu Yao %	contra-coup to G.B.20 injuries
G.B.18	to treat DU20
Ren4	for DU20
SP6, LU5, P6	stagnant blood in head (SP9 already needled)
Jue Jue Yin + Jue Shao Yin + okyu	brain (Kidney, Liver goes to DU20)

Treatment (back):

Findings -

DU12 symptoms in neck/head
T7 sleep
T11 sugar

DU15 released all back findings
DU2 Kiiko thinks it is like epilepsy
brain impulses causing
fainting, falling, concussion

right SP6 + LU8 best for LU10 pain
+ Immune