

Kiiko Matsumoto

January 23-24, 1999, Los Angeles

Jet lag – use magnetic DR on ear brainstem (you can use regular DR also)

If you have pierced ears – squeeze the pierced part
if painful, use DR on the hole to treat it
then use DR on ear points

Use Ear-shoulder with magnetic DR for thyroid conditions.

Blocked ear (after a cold):

2 rings, colour to colour, meeting at Eustachian Tube point
squeeze together tight

Kawai Eustachian Tube point – works very well for neck problems (e.g., thyroid)

Tinnitus – green clip on red DR, red clip on green/blue DR
Cover with foil, spark and attach black clip to foil

Stiff shoulder/neck – go to where neck meets shoulder (Magic Thyroid), if painful

SP7 – relates to Spleen (bleeding) and Kidney (ears)

SP9 – for congestion in abdomen (by Nagano)

Ligament pain – always check Liv8
also for wrist pain

tendonitis – check Liv2, and needle Liv4 + Liv8
Liv8 is the target

Liv8 – for sacro-iliac, because these are ligaments

Immune – for weak mesentary

Fibromyalgia – can be thyroid related

Tendons – check Liv8 and Immune

Pure muscle – SP3.2

Plantar Fascitis –

Immune

Sacro-iliac

ST41 – toward most painful

If Liv2 pain – Liv4 + Liv8

Cough:

LU5 + SP4 – for cough with phlegm

Right C3 – for diaphragm, because this is where Phrenic nerve goes

To stop cough (on the back):

DU14 Hua Tuo

U.B.13

U.B.16

(if phlegm – try U.B.20)

+ Kyotoshin if cold

U.B.2 pain – Liv2, U.B.59, HT3

Hair loss from chemo –

treat thyroid

Kawai Eustachian Tube point

Thyroid point (2 points – behind shoulder)

D.R. on thyroid and surround with aluminum foil

Prostatitis –

Kid6 G.B.31

SP7 U.B.33

Liv8 outside U.B.35

L.I.15 pain – check opposite L.I.20 and place blue D.R. on it
(red D.R. on same side L.I.20)

Sacrum pain – Kid6 (black), U.B.62 (red): regular IP cords

Hard to bend knee – SP5 (red), ST41 (black)

ST31 – for bending knee problems
also Sacro-iliac

Scatica – Liv3 (black), G.B.41 (red)

Shao Yang H.A. – always check TMJ
check SCM, especially top of SCM
check Tai Yang (point) – must release for Shao Yang H.A.

Visceroptosis – usually 3rd position of pulse is weak
(it is Kidney issue – with aging giving in to gravity)

use Immune points for weak mesentary

on back use G.B.25, U.B.23, U.B.25 (stimulate Kidney muscle)

Liv9 – prevention of breast cancer

T6-T3 – also for breast

Red spots on mid-warmer:
this is “estrogen coming out”
relates to Liver
Liver not breaking down old estrogen

Fat abdomen with skinny legs – this is “hormonal fat type”

Kid13 – very important to treat for abortions/miscarriages

Heart:

Ischemic type (short and weak pulse):
SP3, SP9 (possibly SP6) + Pericardium)

Congestive, enlarged heart – SP4

Rheumatoid, rapid pulse – use Ren4
Rheumatoid, slow pulse – use U.B.27

All cardiac patients have Oketsu, especially if skipping pulse type.

Cravings –
always check Liver
also Sugar points
Ear Zero, ShenMen, Brainstem, Sympathetic, Stomach

For Sugar Lump – use SP3.2 + SP9 + Sugar points in back

Kawai says that if you do not know what's going on, leave D.R. on Heart of Sole, Heart of Palm
(with Heart, these are the 5 Hearts of Buddhism)

Kiiko Matsumoto

April 10-11, Montclair, NJ

Kawaii never reverses ion pumping cords.
In these treatments, once you clip on, must stay 20 minutes.

ST41 (black) + SP5 (red):
for knee pain
also for old sprained ankle – G.B.40 area puffy
(if this does not work, use Liv3 + G.B.41)

Liv3 (black) + G.B.41 (red):
for sciatica
also hip pain, especially if Inner Thigh pain (on Liver line)

Kid6 (black) + U.B.62 (red):
for sacrum – use both sides
tired, heavy, swollen, leg
calf muscle pain

Qiao – original character means “manipulation” or “fixing”
the Qiao points are for structural imbalance, “to manipulate from the feet”

Kid6 – very important to manipulate for structure
U.B.62 – very important to manipulate for structure on the Yang side

Scoliosis operation patient:
something always wrong in worse curve area
also sacrum – they scrape the sacrum to attach wires
sacrum is always worst
start checking Kid6 + U.B.62

sacro-iliac treatment also helps, but first do Kid6 + U.B.62

Diabetics with charley-horse – also use Kid6 + U.B.62

Intermittent Clottication, arteriosclerosis patient
blood vessel problem
has very tight calf
use Kid6 + U.B.62

Sciatica on both legs – something must be wrong in lumbar vertebra

Cardiac type who shows on the back, not on the front –
check U.B.60
use U.B.66, U.B.67

Any injury on the centre line must be addressed
head, nose, Ren, tailbone
this can be damage to chakras

Any issue – you can put diode ring on the ear point related to that issue
e.g., Ear-eye for eye problems
Ear-lumbar for lumbar pain
if there is a piercing in the ear, squeeze it – if painful, put a ring on that first

Liver Excess:

if no hepatitis or chemo, liver enzymes are normal – use Liv3
this is often a Liv3 + G.B.41 type, especially if there is also back pain

Liv3 – especially for alcoholic types

DU20 pain – if Stagnant Blood in the Head does not work – try Liver

Pain on skin level – this is Lung

Pain on ligament – this is Liver

Limes Disease:

look for swollen lymph nodes
check SP2, if painful – treat SP5 + SP9
treat S.J.1, S.J.2 for upper lymph

Cough:

Dry throat – use U.B.66 to moisten throat
SP2 – if itchy/scratchy
U.B.20 – for cough

If Ren17 shows – check T4, T5, they are opposite side, also Shen points

ST9 pressure pain, Primitive Reflex – use LU4 (as well as Ear Eustachian)

Tailbone shift – often shows on right ST27
essential point is LU8
supporting is U.B.66, also C6, C7, or T1

If many lumbar vertebra are affected – C7-T1 area is also affected

Head injury on Shao Yang is more serious than Tai Yang, and can affect other things

ANS type – always check Pericardium

Clavicle bone pain (not Kid27) – use ST30
if ST30 is also painful (as well as clavicle), this is Chong problem – use SP4

Crohn's – check Fire point of all channels (all channels cross abdomen)

Intestinal problems:

Secum (right) side – check G.B. Fire especially
Left side – more L.I. – check Spleen Fire

Bazidov with bulging eyes – Liv4, LU5 + G.B.26
+ treat thyroid (Kid2 is often painful)

Autoimmune – always add DU14 (Hua Tuo) regardless of slow or rapid pulse
with moxa (Kyotoshin if cold)

Spleen damage – use point left of DU20, between U.B. and G.B.
left only
find the dents (can be more than one)
needle toward the back

malaria – attacks the Spleen, check Spleen, and treat head points

Diabetes – Kid6, Kid27
SP3, SP9

S.I. channel pain – use HT3
Heart channel pain – use S.I.11
S.I. + Heart – use S.I.5 (black) + HT7 (red)

Kiiko Matsumoto

May 15-16, London, U.K.

Hemorrhoids – reflects more on one point: ST25/St26 on the left

Oketsu – is more a whole area

Hemorrhoid reflection – tends to be higher than Oketsu, and more one point than Oketsu

Adrenal type – weak 3rd position in pulse

Weak 3rd position is also common in viscerop-tosis type

Viscerop-tosis:

PSIS crease line pain

Or whole back pain (patient cannot point to where pain is exactly)

Viscerop-tosis type symptoms:

Gas

Depression

Frequent urination

Twisting syndrome – you find one side inguinal, not the other

Menopause – also shows Adrenal

Pulse – 3rd position is weak

other two are “pounding”

G.B.29 – for H.A. on G.B., also for Liver problems.

Liv8 – tight ligament

Immune – weak ligament

If Oketsu and Right ST27 also – it is very common to find that LU10 is painful

use LU5 + LU8

LU8 – releases Right ST27

Kiiko Matsumoto

Treating Difficult Cases

June 12-13, San Francisco, CA

Right ST27:

Chronic Appendicitis:
affects many places
pain will often radiate
also causes rapid pulse and fatigue

Ileo-secal valve spasm:
Does not radiate/reflect elsewhere

Appendicitis – treat SP5, SP9, Stomach Qi

Ileo-secal valve spasm – treat ST2 + Sp3.2 (right side)

Lung:

LU4 – for hard to take a deep breath or for pressure in chest
carbon monoxide poisoning
lung cancer
previous tuberculosis
(TB has eaten part of lung, now person has breathing problem)

on the back – U.B.42 – you will find a small nut

LU10 pain – very common in immune problems, e.g., HIV, lymes, allergies, etc.

SP6 – for thenar eminence pain

Slow pulse with immune issues and LU10 pain:
Treat LU5, LU8
+ G.B.25

Kidney abdomen (ovaries, etc.) – if slow pulse – use G.B.25

Cardiac:

HT8 – very rare to have pain
if sharp pain on left side – check with cardiologist

if you find left HT8 and cardiac family:
check left Kidney line, ST18
then check left U.B.60
U.B.60 – can reflect U.B. channel pain – if no sciatica, etc.,
and pain on left U.B.60, with left Kidney line, left HT8 – must be cardiac

Stroke (even if previously stroke), high blood pressure, cardiac:
must send Qi down first
do not treat left arm first
this is Upper Excess

Kidney:

If any Spleen or Liver problems do not get better with treatment
– look for Kidney involvement

Kidney abdomen (e.g. ST28 – ovaries) with slow pulse – use G.B.25

Bone issues – check Adrenals
check Kid2

Women over 40 – check Kid2, check Adrenals

If Kidney is off, other treatments do not work as well

Neuropathy:

Usually starts at toes

surround chain around webs of toes

keep coiling chain up the leg to the border line

clip red and green, surround with aluminum foil, spark and clip black to foil.

Feet – add Stomach Qi – sends oxygen

Numbness and tingling:

LU8 – for oxygen

Immune (especially in HIV)

U.B.42

Sugar

If super-sensitive (like RSD) – do not needle the area (may use chain)

Hammer toe – same treatment (with chain)

ligaments are over-pulled – use Liv8

hammer toes – also pain in webs (Ying-Spring) and Shu-Stream

these are tendon attachments

make sure the chain goes over these areas also

(as well as the joints of the toe – where there is pain)

Something wrong in toes – Jing-Well to SP3/Liv3 area:

find gummy in Inner Thigh (¼ way down) between Spleen and Liver lines

needle gummy

Heel spur – Kid1

also Liv8 or SP3.2 (it is hard to know what tissue is affected)

Shoulders:

Pain moving arm across – generally P.7 + S.J.4

Pain moving arm back (stretching pectoralis) – LU9 + L.I.5

Scapula – HT7 + S.I.5 (also for undefined pain)

Ankle sprain:

if whole inguinal pressure pain – use Liv3 + G.B.41

if Ren12, or Spleen line (on abdomen) pressure pain – use SP5 + ST41

use Kid6 + U.B.62 if symptoms are in back (e.g., Achilles)

If you do not know what to do

- check Fire points
- do Immune

Eyes (U.B.2) – can release below the diaphragm, e.g., Ren14, 15

Muscle spasms – belong to Spleen

For limbs – use Kawai scalp points

If whole limb is involved – use scalp points

Food allergy points:

½ way from Hua Tuo to Shu Line, from Kidney Shu to Spleen Shu

only on the left

Low Blood Pressure with neck and shoulder pain:

DU20 with Insomnia points (on heel)

Use this for neck and shoulder after SP6/SP9 and Pericardium

Parasympathetic type (slow pulse) – responds to epinephrine spray

Throat is controlled by parasympathetic nerve

Kiiko Matsumoto

July 31 – August 1, New York

Treating Children:

For Children as of age 2 (but possibly less)

Essential points for children:

DU12 – for anything, any disease

Immune

L2 Hua Tuo

If problem is since birth – around the navel

Use tigerwarmer

Manak hammer

Hair needle – scratching the skin

For skin, eczema, dermatitis – L.I.15 + Kid9 (tigerwarmer)

Baby with skin problems – must have weak lungs

Use ½ a stick a day (on all points)

Hyperactive kids – apply Umboshi plum paste on Tai Yang point

Also apply on Umboshi plum paste on pulsing navel

Manaka Hammer:

Should vibrate

Hold at end – lightly, so it vibrates, like a wave

Babies with skin problems – cover with aluminum foil and spark with 3-bypass cord
press tacks are optional

Kiiko Matsumoto

Santa Cruz, September 4-5, 1999

Basilar Artery Insufficiency:

Neck problems, cervicals below U.B.10 (C3, C4, C5)

The actual injury may be above U.B.10, but neck is painful

Very common in car accidents, whiplash

treat same side ~S.J.8, Kid10, Liv8
(if both side – treat bot sides)
then treat I-Hi-Kon (U.B.58, 40, 60)

This is good for whole spine pain because basilar arteries join and go down the spine

Common in elderly with kyphosis or coordination problem
With age, gravity weakens U.B.10 area

Autoimmune – Ren4 or U.B.27
+ 21 moxa on DU14

Heavy menses – use U.B.66 + L2 Huat Tuo or Du
Nagano says this is excess female hormone

Light menses – U.B.32 or U.B.33

Clotts – relate to Liver: use Liv1

U.B.66 – to mositen, especially throat, for singers

Odi point – good for bruise type pain

If needle does not go 90° and flops – tissue is not solid: muscle and tissue are not attached
do Kyotoshin, then needle again (perhaps now it is 90°)

ST41 – for knee: needle towards Kid6

Liv9 – cancer patients, especially breast cancer
but for any cancer also
add moxa

ADD, hyperactive kid:
Ba Feng + moxa
check Ren17 – S.J.5 (north) + G.B.41 (south)

use magnets (F3 pointer) if you cannot needle)

check Pericardium

check Sugar – sugar makes kids active

Chemo – check Liver and thyroid
Radiation – affects thyroid

Kiiko Matsumoto

New York, September 25-26, 1999

Basilar Artery Insufficiency (BAI) – 80% of people show this
check U.B.10, G.B.20 area
then Hua Tuo of C3, C4, C5 – look for nutty feeling

herniated discs or spinal injury
subluxation
any spinal damage
regardless of where it is (especially C7 and L5) –
all the pressure goes up to C1

when you turn the neck quickly, it feels cracky on tight turn
this may indicate B.A.I.

B.A.I – affects brain, coordination problem: cerebellum
(also arterosclerosis happens here – because of the curve in the artery)

nausea, H.A., throwing up – can be common symptoms if B.A.I.

numbness and tingling – especially when sleeping on one side

Eye sight decline – also B.A.I. related
Hearing loss – can be related if not from infection

Common in diabetes – because of arterosclerosis

B.A.I. treatment – very good for sacrum, also prostatitis (using Liver anyways)

Thyroid patients – always show B.A.I.

If C3 on right does not improve – think Liver

Asthma patients – also have B.A.I.

If symptoms get better on table, but come back later – think B.A.I.

B.A.I. symptoms – in chest or pelvis: tends to skip mid-warmer

If B.A.I. treatment does not change neck:

1. Adrenal – do Kid6 + Kid27
2. TMJ type
3. C3 – on right: treat Liver, either Excess or Deficiency
4. Right G.B.20/U.B.10 – can be Oketsu: best is needle in left ST27

Blood pressure and hormonal – also reflect on G.B.20/U.B.10
but B.A.I. changes it also
then do ANS and hormonal treatments

Shoulder pain or arm:
you will find C5, C6, C7
treat B.A.I.
also open scalenes

If patient has B.A.I. – higher chance that they have scalenes (neurovascular compression)
use LU8, SP3.2, or HT3
also Odi and Ren15
then moxa ST12

ANS with rapid pulse – Ren6 with Kyotoshin
+ check Pericardium

ANS type – easily gets Stagnant Blood in Head

Liver type – easily develops Stagnant Blood in Head

Red cheek type – higher chance of Stagnant Blood in Head

Hormone balancing on back – use Liao points
if nothing there – go to side of sacrum

Spastic Colon:

left Spleen and Stomach lines – navel and below – this is Spastic Colon abdomen

same in food allergies
also gas, diarrhea

check Liver and Spleen Fire points, and treat Metal/Water

add U.B.63 if diarrhea

Ren9 – reflects small intestine – use S.I.1
use U.B.63 if diarrhea

Diabetes –

Kid6 + Kid27
SP3 + SP9

If you cut feet (operations, etc, e.g., bunion operations), you develop a higher chance of brain damage (e.g., Parkinson's)

C2 – common in dizzy patients

T4 – use Ear-brainstem
also Ear-eye: if earing hole – use D.R.

SP4 – anti-inflammatory for lungs

Kiiko Matsumoto

Denver, October 9-10, 1999

Using IP cords for shoulders – you can use two pairs – e.g., LU/L.I. with HT/S.I.

External Knee-Eye pain – can be from L3

Internal Knee-Eye pain – relates to Dai Mai

Behind the knee – treat Kidney, also Kidney Shu/Mu

Kid6 + U.B.62 – for tight calf
also intermittent calcification (falling) in elderly
also diabetes
(always check calves in diabetes)

Bruise-like pain – use Odi point

Pain and neuropathy together – this type hates needles
use cords without needles, and spark above

Sugar imbalance and Calcium imbalance are related
sugar requires Ca⁺
therefore parathyroid and Sugar treatment go together

Simple whiplash – use Iner Yin + Ren12

Trigeminal Neuralgia – check Fire points (especially Yang Ming and Shao Yang)

Prostatitis – use Liver Metal/Water
if patient is on female hormones – use S.I.3

Irregular pulse, skipping beat – red diode ring on left small finger for 1 hour.

Nagano says tight jaw (TMJ) comes from adrenal exhaustion

Right ST27 – Spleen weakness, appendix,
tailbone shift
Lung

If person says “ouch” – it is more likely to be tailbone

Chronic appendicitis – feels like a “pork sausage”
it can create many problems, as it is constant infection

B.A.I.:

Neck hurts when you turn sharply to one side
possibly feeling dizzy and nausea

If this is severe – it affects eyesight, ears, etc.

Shows especially in –
High cholesterol
H.B.P.
Arteriosclerosis
diabetes

If muscle is tight along cervicals – do Sugar treatment
B.A.I. is when the bone is painful (not muscle)

Repeated swollen glands – do B.A.I. treatment

C3 is Liver, also Phrenic nerve
if C3 pain – possibly sleeping problems, breathing problems