

Kiiko Matsumoto Los Angeles, August 11-12, 2012

Jue 厥:

Jue, 厥, has several meanings:

1. the end, last, December moion is Jue Moon
that is why Jue Yin – it is the last meridian
2. in Su Wen, the character Jue appears 45 times,
more than Wind (43) or Heat (44)
3. Jue is also is/exist (its/his) nowadays in dictionary

originally the character had feet in it, but that left part was taken off

usually people translate it as “obstruction.”

[medically Jue is used to indicate fainting as in 暈厥 Yun Jue,
or 半暈厥 Ban Yun Jue

Wieger says about 厥 Jue

it is a cliff - 厂 Han,

and 歎 Jue

which is composed of 𠂔 Ni, attack, obstacle

and 欠 Qian lack of breath

that is effort & difficulty in breathing or a steep activity (厂)
that puts you out of breath]

Nan Jing has a passage on how to differentiate between true headache
and Jue headache, true heart pain and Jue heart pain?

Jue and True are opposites

Ancient times doctors wanted to differentiate between Jue and true symptoms

True - perhaps a tumor, or something in the head or heart

Jue - perhaps symptom in head/heart but no physical substance/reason there

Ling Shu 75:

Zong Qi by Ling Shu theory:

Goes upwards to the airways

Goes down to ST30

(ST30 is very important for whole hip, piriformis, inguinal

piriformis - very important for hormonal issues)

Related to airways and to ST30

氣積於胃,以通營衛,各行其道.

宗氣留於海,其下者,注於氣街,其上者,走於息道

L.S.75 then says -

If you have Jue in the feet, Zong Qi will be disturbed

(I believe it is 厥在於足, 宗氣不下, 脈中之血, 凝而留止)
Meaning it will disrupt airways and thus ST30

Su Wen Zong Qi theory –
Zong Qi comes from Stomach
Grand Luo of Stomach
Passes diaphragm into Lung
and to left nipple

If you have Jue, this (Zong Qi) will be disturbed – treat with moxa

Ling Shu 10:

Gan Jue 肝厥 – Shin bone Jue ST40-ST41

This is the source of a disease where first one yawns and is internal
then one takes of cloths, goes to high places, and sings...

Su Wen 45:

Cold Jue 寒厥

Jue of Cold – comes from behind the 5 toes
Yin Qi starts from behind the 5 toes
The cold of Jue comes from inside
(actually the same is said also on Heat Jue in the sentence before
Kiiko does not address Heat Jue because it is not common to have hot feet)
So it seems Jue is associated with the 5 toes.

Master Maruyama started to look for this area

Su Wen 5 (“most respected” chapter in Japan):

If Qi of Jue rises to upper part of body and fills up the vessels
you loose the body (you die)

Jue also - you walk and fall down, not because of pebble but from inside

Kiiko says his is like - post-stroke,
Parkinson’s
Balance issue
Anything below L4-L5/navel – easy to fall down
(half patients over 50 have some below navel issue:
Hip, back, knee foot, etc.)
Below knee – these bones never heal fully
metatarsals never fully heal

Maruyama – wrote commentary on Su Wen 5, he was a Su Wen specialist
He did blood letting of varicosity, spider veins

Women with bound feet had symptoms of back pain, headaches, etc.
The Jue points are in that area, where the binding was

Maruyama's 6 Jue Points:

Maruyama found 6 points, 3 Yin, 3 Yang

They are located at the bottom of the foot, basically underneath the Shu Stream points (or just distal)

Shao Yin – under Liv3

Tai Yin – just below and lateral to SP3

Jue Yin – in line with Liv1 (taken as the centre of big toe)

Tai Yang – in line with the 5th toe

Shao yang – in line with the 4th toe

Yang Ming – in line with the 2nd toe

These are all in relation to the channel.

Liver is looked upon as being in the centre of the toe

in the Han dynasty, Liv1 is defined above the hair, so it must be in the centre later, it was moved so as to fit with the other Jing points.

Shao Yin Jue is under Liv3 – Kiiko uses this one a lot:

this one does not fit the channel, how come?

Buddha's feet has two fish behind Liv3

(according to a drawing – the standard description only has the Dharma Wheel,

This drawing had that and many other icons, swastikas on the toes, fish behind Liv3, etc)

The fish is the only organic thing on the feet in that representation

Heaven is represented by bird phoenix (不死鳥 – Bu Si Niao - no death bird)

Fish and reptile evolved to birds and to humans – two lineages

Fu Xi (伏羲), is the father of measurement (I Ching), is symbolized by a dragon

with mate (Niu Wa, 女媧 - female goddess) created life from mud

they are drawn as a dragon and in between them is human

they are the ancestors of humans

they had 9 children according to the myth, and all had something wrong

(this is normal – humans are not perfect)

Humans do not fly – they do not belong to heaven

Kun – “ancestral fish” (Huang Di is fifth grandson of Kun)

Wu – his son is the first emperor: he is reptile

Behind L.I.4 is fish (LU10) and behind Liv3 is fish

Four Gates stimulates the fish – the origin of life

Water (kidney) is the phase of a seed waiting in the frost
(Ming Men is similar – heat in the cold)
Water → Wood (sprout) → Fire (full growth) → Earth (harvest)
→ metal (death)

Behind Liv3 and LU10 (death) is fish
Then it moves to Kidney – to the seed of the next life

(Nan Jing 3 – true death pulse: if the pulse is overflowing,
runs into the fish, LU10...
fish dies, bird does not die)

babies are born with hands in a fist,
if it is open there is a neurological problem
opposing thumbs are a human trait, part of our ancestry

This way we can see why Shao Yin (Kidney) would be behind Liv3.

Using Maruyama Jue Points:

Su Wen 5 implies that Jue Qi should stay as low as possible (if it goes up you die)

Panic attack – this is a Zong Qi problem, Jue points do well
for Kiiko Zong Qi implies the Jue points

Jue is like a blood clot in the meridian – this is like Jue Cold
the blood clot obstructs circulation
use for people who had varicose veins removed
or have blood vessels that pop up
often after pregnancy, ST30 disruption (Chong)
varicosity starts – this is Jue

Phlebitis – use the Jue point of the related channel

palpate the 3 leg Yin channels on the shin
if patient shows pain, or bumps
use Jue points
Shock-trauma, fertility – shows on Kidney

Lack of sensitivity in shins – use Jue point of corresponding/affected channel
Great for neuropathy
Diabetic neuropathy – check for Tai Yang (they tend to have calf cramps)
then Spleen

Drug-related:
which toe is worse? Or which toe did it start at?
Use Jue according to the tow, and according to abdomen

Idiopathic neuropathy – check toe or calf, use according to area

CRPS (chronic regional pain syndrome – RSD) – also check Jue points

Any injury under the knee – Jue points are best

Start with the Yin Jue points first

Ling Shu – most essential organs are Lung, Kidney, Stomach

Start treating on left side (by Nagano):

 this is Qi side, so move the Qi before the Blood (right side)

G.B. channel pain – often Jue Tai Yang does a better job than Shao yang

 Tai Yang and Shao Yang (Jue points) – always check both

Cold feet create heat in head (Jue is about feet and upper body, hot and cold)

If Jue Qi is moving up the body, vessels overflow, destroying the shape of the body

 People translate this as death, but it can also be weird bones

 or form that has changed

Tai Yin Jue – for exhalation or mucus issues

 Zong Qi is disturbed

Cardiac patients – it is Zong Qi, use Tai Yin Jue

Zong Qi leaking – check

 left ST21 (it starts in Stomach)

 left SP20

 left Kid24-Kid26

 Ren17

 Treating the Stomach can be primary for cardiac patients

Any head operation, brain – start with Shao Yin Jue

Any life threatening experience, might affect Ming Men (L2) – use Heart of Sole (spine)

Over-sensitive type – often Jue type candidate

Ticklish patient, cannot palpate abdomen – needle and moxa SP2

 then palpate abdomen

 (itchy is Liver – use right Liv1)

Alopecia – is a Jue. Kiiko says it is autoimmune

Jue Point treatments:

Shao Yin (Heart/Kidney):

Adrenal type patients
osteoarthritis
thyroid disorders
infertility
motion sickness (Kid9 type)

Tai Yin (Lung/Spleen):

Blood vessel problems
blood pressure
edema
mucus
enlarged heart
ischemia
muscle soreness or pain
repeated bronchitis episodes
joint pain everywhere (lymph = Spleen)
inner knee

Jue Yin (Pericardium/Liver):

liver reflex in abdomen
hepatitis
allergies
dizziness
high cholesterol/triglycerides
blood clots
gout
heavy medication type (may be Kidney too)
fascitis
connective tissue disorders

Tai Yang Jue and Shao Yang Jue can both work for hip – Kiiko finds Tai Yang Jue may be better.

Head:

Cold feet create heat in head (Jue is about feet and upper body, hot and cold)

The more heat in the head, the colder the feet are usually

Anyone with long term pain – check the head

Brain can now be confused and send pain signals

Ren4 – Gate of Head (Yuan, Source, is head)

autoimmune (also a “source”)

if not autoimmune, perhaps try Ren6

or look for old head injury

“Hot Head” – creates many problems

Good head – no pain, no heat, not mushy

Person who has “good head” but has headache – it must come from neck

Head injury – also start with Jue points

It can interfere with brain

Some medications can cause weird warmth – this is also Jue

For Head use –

Shao Yin Jue - brain is created by Kidney

then Tai Yang Jue or Shao Yang Jue (one of these will work)

Any head operation, brain – start with Shao Yin Jue

Any head issue on Shao Yang – check SCM on that side

G.B.20 injury – try U.B.2 and Yu Yao

C4 – relates to movement of head from side to side

Lack of estrogen – typically cold feet, also eyesight declines

The Spleen:

Nagano – Spleen is directly related to the blood vessels
also to lymph (same as blood but no RBC)
Heart – also related to Spleen

Ren4 – rotation starts here

Originally there is a straight line (in fish)
Small Intestine starts to twist, later Dan Tian, centre of twist, as fetus - all starts at Ren4

Nagano – used Ren4 for auto-immune because of mesentery hardness
– it creates autoimmune problem

Stomach, Ren, Du go down in the straight line
now nutrition needs to be transported upwards
this is the Spleen
then Heart is formed – the blood vessels are older than the heart

SP20 – most important to check (left) for heart disease
also in anxiety attack person
not everyone shows Ren17

ST18 – Zong Qi Leaking reflex – not every one shows
Ren17, left Kidney line – not everyone shows
left SP20, left S.I.11 – always shows
also T5 (shows cardiac, stress, stomach)

SP20 (Zhou Rong 周榮) – Zhou, a circuit → a circle with rhythm
Rong – nourishment
clearly describes the heart

Hormonal type (especially menopause) also shows SP20 – palpitations, etc.
Some patients are Shao Yin Jue – adrenal type developing cardiac

☲ the trigram for Fire (heart)

☵ the trigram for kidney (water)

this is Yang (solid line) between two Yin (broken lines)
if we put it on the side we can see it as Fire (Ming Men) between the two kidneys
heart between the kidneys, or Fire between Yin/Water

In the same manner the Heart has a Yin inside it
What is inside the Heart?

Spleen channel goes into the Heart, Heart channel starts from “inside the heart”
so “inside the heart” must be Spleen

Nagano – use SP3 for ischemic heart
Use SP4 for enlarged heart

Arteriosclerosis – use HTN treatment (SP6, 9 + Pericardium) + G.B.39
G.B.39 – essential for arteriosclerosis,
wiry (hard) pulse is an indication for G.B.39
– vessels are not flexible

Mucus membrane issue – belong to Spleen

SP4 – especially for bronchial
SP5 (also SP9) – for inflammation of mucus membrane

Food Allergies:

Navel
+ U.B.23 between Hua Tuo and U.B.
+ check Liver

Food allergies point (L2) is related to the Cisterna Chyli
this is where the abdomen (digestive) lymph
empties into the thoracic duct
note – Kiiko now says L2 (not T12-L2) and both sides (not just left)

Any Stomach upset – check T5, check T11/T12

Anti-biotics – long-term, can create fatty liver

Anti-biotics, must avoid sun type (itchy when exposed to sun) –
Use Kid9, Kid27, I.I.15 and Liv1

Fatty Liver can come from diabetes, obesity, anti-biotics

Liver congestion can create back up on upper left quadrant (jejunum)
and right lower quadrant (ileum)
clear the liver to clear these

Kid7, SP7, HT3, P.4 –
for leukemia
radiation victim
(radiation – also check thyroid)

Gall Bladder:

Shao Yang Metal/Water (G.B.43,44, S.J.1,2)
+ Stomach Qi
+ ST25 + Liv13
+ G.B.27 for liver

Allergy type –

always treat Liver (ST25, Liv13)
then navel

Allergies – in Japan it is considered RES insufficient

(Reticuloendothelial system/mononuclear phagocyte system)
these are in Liver (as well as spleen and lung)
therefore treat Liver in allergies

Cyst type – use Kid10, Liv8

Gynecology – always check piriformis – release with Huakaya G.B.31

For gluteus – use under scapular spine (lymph point)

Amenorrhea – best point is Liv12 needle towards SP12

+ U.B.32
+ check piriformis

SP8 Di Ji 地機

Ji (機) is a machine, and also opportunity

Use SP8 to build new cells

Kiiko takes it about 2 cun below SP9

Always check T7 in menopause

Any hormonal issue/history – check T7

Use Under-3rd-Toe or 3rd-Toe Jing, or 3rd-Toe Jue

Kidney stones – tap on G.B.26 to diagnose

use U.B.28 (towards Ren6)

if it works, patient feels something moving from G.B.26 area
towards the front and down

Acid reflux, ulcers:

Vagus nerve involvement – makes the stomach para-sympatjetic
(in parasympathetic mode food is digested)

Nagano said that Kid27 (alone, no lower Kidney points)

makes body sympathetic

by pressing on Kid27 only, one can make body more sympathetic
countering the vagus message into the stomach

(this appears to be a test only to confirm the vagus involvement)

Acid reflux treatment:

fix ST21 by SP4 and P.6

if ST21 is okay – you can needle ST21

+ Ear Triple Warmer (calm vagus nerve)

+ T5

Pelvic imbalances – try ASIS (above G.B.27) needle towards leg

Quadratus lumborum – use LU10 and between U.B.40 and U.B.39

(Nagano always took U.B.40 more lateral, not in centre)

Sacri-iliac joint pain – use G.B.34

look for a point that radiates slightly down (in front if the bone)

Shoulder operation:

it will create scalenes (neurovascular) compression,

because the operation will pull on the scalenes

check cervicals (attachment of scalenes) and first/second rib (attachment)

Kiiko Matsumoto Los Angeles, August 11-12, 2012 Treatments

Case I:

62 year old woman
Severe food allergies
Pain from head to stomach, back, knee, ankle
Hashimoto's thyroiditis

Findings:

Bottom of SCM	Thyroid
Top of SCM on left	
Ren15	this is her worse pain – related to sleeping
Liv14 (more on right)	
Ren12	
Ren9	
Right ST27 to Spleen channel	
Achilles tendonitis operation scars + pain (%)	
Kid3	
U.B.60 (more on left)	
Kidney, Stomach, G.B. channels	have Jue/pain below knee
Spleen channel on left	constipation
	Jue Shao Yin – eliminates most findings except Ren12

Treatment:

Shao Yin Jue	Ren line (9,12,15) still left
Tai Yin ue	body aces belong to Spleen
Left Yang Ming Jue	food allergies
Ren4	for head Now head is a lot better
Right ST24	for Ren9 pulse

Back:

Pain on hips	
Pain above U.B.57	
T7 pain	sleep, also reflects Ren15

Treatment:

Tai Yang Jue	alleviated hip, U.B.57 and T7
Heel Insomnia point	

Case II:

42 year old wman
Chin/jaw acne
History of anti-biotics
Allergies and sinus, throat issues
Mood/hormonal imbalance
Uterine ablation – no period in 3 years now short cycle (18 days)
Dysmenorrhea
G.B. stones, also congestion in liver
IBS – since age 12
Family – cardiac, breast cancer, obesity
Took lithium for 3 years
Acne started age 10, menses age 11

Findings:

G.B. tapping	gall stones type
Right Liv14 under ribs	liver
Ren9	
Ren12	
Jejunum (left upper quadrant)	
Right ST27	ileum
ST28 %	ovary
Kid11	
Kid2 %	

Treatment:

Shao Yin Jue	Kidney thinks her Kidney Qi is weak: 7 year cycle development is hampered Acne is developed in chin (adrenal type)
Right Jue Yin Jue Right Liv4 + Liv8	she had Liv2 pain Shao yang Metal/Water did not help G.B.
Left Liv4 + LU5 Kid9, Kid27, L.I.15 Right St24 Right ST25 + Liv13 G.B.27 % Malaria Points % Right Shao Yang Jue	toxicity (lithium et all) for Ren9 for fatty liver (Liv13 hurt, so took out and moxa) for Liver she had pain under ribs on both sides right Malaria was painful, use this first now G.B. appeared better Kiiko feels the liver is the most important! Ocean – it all started with lithium She has thyroid cyst on the right
Kid10	take out Kid9, use Kid10 for cysts Now Kiiko is ready to look for hormonal imbalance But clean out liver first

Back:

T7	Oketsu
T9	Liver
T10	G.B.

Treatment:

right T2	for G.B.
left U.B.35	for T7, T9, T10
right T10	G.B. treatment
right S.I.11	
U.B.32 %	hormonal

Huakaya G.B.31	for tight piriformis
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Tai Yin Jue	made congestion/breathing better
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Kiiko cares about air,
so leave press tacs on Jue points
also Liv8, Kid10
+ navel

Liver area still had pain:

S.I.1	kiiko thinks it is rib shift from coughing
SP4	exhalation point

Case IV:

59 year old male
low back pain
left shoulder pain (frozen)
brain surgery – 8/11, tumor removed (did chemo also)
difficult concentrating

Findings:

right side scar (G.B.)	brain surgery
left side scar (G.B.)	1990 car accident
left shoulder restricted motion	
pain in back – S.I.9/10 area	
right SCM	
C4 – centre	
C5,6	
Ren15	
Liver - under ribs	
checking for Jue on Liver and Kidney channels – obstruction above Kid9 on right	
left L.I.15 to LU1	shoulder pain reflex

Treatment:

Right Shao Yin Jue	
Heart of Sole	he had a life threatening operation (reflects on L2 Ming Men)
Ren12	for neck (also important for concentration) DU20 is hot
Kid9, Kid27, L.I.15	for toxic liver (chemo, also alcoholism)
left SP3 + Tai Yin Jue	for frozen shoulder (release scalenes)
left ST12	for the shoulder (neurovascular compression)
	pain on lateral edge of collar bone (broken)
left Kid7 + ST30	Kid7 for bone, ST30 for location
Liv9	constitutional cancer point

Case V:

53 year old woman
Hip pain
Fibroid removed – 2000
Age 16-17 – anti-biotics for acne
2004 – shoulder surgery for calcification and rotator cuff – keloid scar
Severe food allergies
Lymes treatment helped right hip, but not left
Hormonal replacement (testosterone, progesterone, estrodiol, thyroid) helped left

Findings:

left trochanter and behind	
left L.I.15	calcification
left scalenes	
right Kid11 – ST30	scar from fibroid removal
Ren9	
top of inguinal %	reflects overstretching (ballet dancer)
Kid13	
L.I.15 to LU1	shoulder reflex
Adrenal (4 & 8 o'clock)	low testosterone means low adrenal
C4 – right	relates to movement of neck side to side
left L.I.15 to LU1	shoulder pain reflex

Treatment:

Shao Yin Jue %	hormonal & gyn, also calcification
Kid10, Liv8 %	now Kid13 is okay
	L.I.15 is better
Kid27	
	hip now feels deep inside
Right G.B.27	perhaps right side over-stretch is the source
Ren12 + kyotoshin	
Odi	for gluteus (left, muscle) – much improved
Left Tai Yang Jue	for hip
U.B.66 %	estrogen – now hip is much better

Back:

Pain on gluteus with up and down vector still
T11 because both hip and shoulder
– T11 is good treatment point
T7 trying T7 to affect T11, but T7 is painful

Treatment:

Under-3rd-Toe	for T7 (ANS line)
3rd-Toe Jue	now T11 is not painful
T11	left shoulder and hip are okay now
HT3	for S.I.9/10 area
Lymph under scapular spine	for gluteus

Case VI:

57 year old woman
low back pain for 20 years
12/2011 – car accident: head and neck injury

Findings:

Quadratus lumborum pain
L4
Sacro-iliac pain
T7

Treatment:

G.B.34	for sacro-iliac joint
LU10	for QL
U.B.40 (lateral)	for QL Checking piriformis – it's okay)
Shao Yin Jue	for biological clock confusion (she works 3am shift 3 times a week) also for hormonal replacement now T7 is better
Insomnia point	
right S.J.5 + G.B.41	for left head and SCM (rapid pulse)

Front:

Ren12, lump
right Kid13
Ren4
right Liver and Spleen channels below knee pain

Treatment:

Right Tai Yin Jue + Jue Yin Jue	Spleen channel still has some pain
right SP10	she has high iron

Case VII:

40 year old woman
Infertility: has two children, first via IVF, second natural conception,
now has difficulty conceiving
Cardiac ablation – 2005
GERD

Findings:

Ren15	acid reflux reflex
ST21	
left SP20	cardiac reflex
right Kid2	
ST26	ovary reflex
right SCM	
	pressing Kid27 (only) and rechecking abdomen
left Inner Knee Eye	

Treatment:

right Kid7, 10, 27	
right SP4, P.6	for left SP21
	left SP20 still has some pain (but not ST21)
left ST21	now SP20 is better, Inner Knee is good
left Ear Triple Warmer	calm down vagus
Shao Yin Jue	hormonal issues
Tai Yin Jue	blood regulator is Spleen
	to release Liv12
Liv12 towards SP12	for amenorrhea
right ST24	Ren9
right SP8	Kiiko prefers SP3 to regulate menses, but already has SP4
	piriformis – not responding to G.B.31
	Kiiko tried Kid13 and Kid16 (?)

Back:

U.B.32	for piriformis (not gone)
S.I.13	pituitary point
T5	Now piriformis is better

Case VIII:

June 2012- seizure, low blod pressure
had cervical X-ray
ECG – abnormal
April 2010 – car accident, diagnosed as neuropraxia
Juvenile RA (Still’s disease) – 10 years, no steroids
Childhood UTIs, lots of antibiotics

Findings:

C3	
below DU15	
right SCM	
nothing on DU20, but warm	
left SP20	ECG shows cardiac
Ren17	
left Kid24	
Ren15	
Ren12	
ST21 – not too painful	fixes cardiac reflexes
Ren9 – pulsing and sensitive	
	Yang Ming Jue – makes Ren12 better and cardiac reflexes better

Treatment:

Yang Ming Jue	but Ren9 to Ren12 is still there
adding Shao Yin Jue	now better
right ST24	for Ren9
left ST21	for cardiac

Back:

T5	
L2	
Treatment:	
Heart of Sole	for L2, T5 and S.I.11
U.B.52	continuation of Ren9 pulse treatment
T5	

Case IX:

Vuvadenia since 2006 – feels like ice
(started with birth of first child, got better with second)
7 concussions (1981-1989)
Polycystic ovary syndrome
Hashimoto's
Radiation poisoning – 1986 (Chernobyl)
(note – this is the same person as case #8 in Santa Cruz, July 2012)

Findings:

right G.B.14	
right U.B.10 area	head injuries
Liver channel Jue below knee	
Ren9	

Treatment:

Shao Yin Jue	brain
Shao Yang Jue	location
Heart of Sole	for T5 (spine)
right ST24	for Ren9
Liv5	vulvadenia
Jue Yin Jue	

Back:

Outside U.B.35 %	prostatitis point helped T5 (second inflammation disrupts the first one at T5)
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