

## Kiiko Matsumoto Los Angeles February 16-17, 2013

### Mu:

募 – Mu

莫 Kiiko says this is sheath (Mo = none, usually considered a phonetic)  
力 (Li - power)

What is Mo (莫)?

莫 is “not” as in the sun disappearing behind the bushes

but Kiiko is looking at what else gets combined with 莫:

墓 – adding earth = grave (something covered by earth)

幕- adding 巾 (cloth)- = tent (something covered by cloth)

thus 莫 must mean a COVER (as in the sun is being covered by the grass)

膜 (adding flesh on the left) = membrane, film/fascia

To Collect - to put things together

as in putting them in a sheath and gather them together  
this is mesentery, the pleura

Small Intestine Mu – the main organ in abdomen is the small intestine

the power of holding it is the Mu

this is the Dan Tian

in the back – relates to Liver (power, T9, 10, 筋 Jin)

if the power is weak – you get viscera-ptosis

Autoimmune – Nagano used Ren4

In between the eyebrows – this is Upper Dan Tian

Nagano used U.B.2, Yu Yao rather than Yin Tang

U.B.2, Yu Yao – endorphin, enkephalin releasing

also for eyesight

use for many people due to computer use, also for pain

Nagano – autoimmune origin is tightness of mesentery

in the back - use U.B.26 (Guan Yuan Shu): this is the sacro-iliac joint

SI joint relates to Ren4

U.B.27

Crohn's – you cannot use Ren4 (inflammation might be there)  
so Kiiko has been looking at what else she can use

Small Intestine Channel:

Manaka said aging coes from the small intestine  
flabbiness happens on SI and Heart channels  
Manaka used burning needle on SI channel in upper arm  
for frozen shoulder in elderly  
this area is related to hormonal shoulder problems

S.I.11 Tian Zong 天宗:

Pitting edema – weak heart causes water retention  
Nagano used S.I.11 on left  
(historically this was the first usage of S.I.11 Kiiko saw by  
Nagano)

In Japan – S.I.11 is Breast Shu

Left S.I.11 – relates to Heart  
Right S.I.11 – relates to Liver, G.B., intestines & Stomach  
use for GB stones etc.  
also colitis, IBS, etc.  
hepatitis  
reflux, ulcer  
also candida

80% of immunity is in small intestine

Weak Dan Tian – you often find Ren9 pulse (but Ren4 is soft)  
if you feel right Kid16 – possibly an aneurism  
left Kid16 pulse is normal

Ming Men 命門 – Nagano use for big trauma, life threatening  
“Gate of Life”  
also related to aorta

Su Wen 52 calls the 7th vertebra (meaning from below – L2) Xiao Xin  
(七節之傍, 中有小心 – “approaching the seventh section is the small heart”)  
Small Heart – Kiiko thinks because of aorta passing through there

Gluteus pain – S.I.11 is first choice  
We do not use SI channel (arms) so much, we over-use legs/gluteus)

If S.I.11 is gummy – use S.I.6

If clearly cardiac patient – check U.B.60, both sides  
if pain, treat U.B.66 + 67 (usually left)  
then surround S.I.11

Autoimmune – surround S.I.11 (up to 6 needles)  
manipulate, take out, re-needle: do this 3 times

very good for rheumatoid arthritis with deformed fingers  
for RA – add Tricep/Brachial Reflex – on lateral edge of scapula

use L5 for auto-immune – both rapid and slow pulse

Steroids – L2 to L4 between Huo Tuo and U.B.  
– relates to steroids, needle 45° upwards

S.I.11 – Tian Zong: strengthens Zong muscle (rectus abdominus) in abdomen

Gall Bladder type – right S.I.11 shows as ropy, but not left  
Cardiac type – left S.I.11 shows as puffy, not so much ropy

Ren9 (Shui Fen 水分):

use Right ST24 & Left G.B.26  
this works for small pulsing

Kiiko says right ST24 helps vena cava (upwards)  
left G.B.26 helps down circulation through aorta

large person – may not show Ren9 (too deep), they will show left SP20

Cardiac - Ren17 does not always show  
Ren15 – up or left: heart reflex by Nan Jing  
Kidney line on left  
left ST18 – Zong Qi leaking reflex  
but SP20 (left) always shows, very reliable

Ren17 – shows more reliably in anxiety etc.  
It is Upper Qi Hai – emotions are Qi

SP20 Zhou Rong (周)

周, Zhou – Circuit, a circle with rate

Kiiko says it is based in astrology, with north pole

(用 – Yong, to use, is to Divine in Centre

Zhou is Yong + mouth)

榮 – Rong – to nourish(same as Ying Qi), to flourish

Small Heart – heart is between lungs, this is above  
below are the kidneys and between them is the Small Heart  
it is as if there is another respiratory system in abdomen

Fatigue – very important to check, and treat, Ren9  
also check for, and treat, Fatty Liver in fatigue

MuShu (Dan Tian Slice) – level with Ren4 but on side, below G.B.26  
best for intestines  
best for sprained ankle

releases Ren4

S.J.5 releases Ren4 in Sympathetic type  
it also has Guan (Wai Guan -外關)

S,J,5 – better to needle towards L.I.  
good for excitable persons  
pounding pulse  
also sympathetic type – use U.B.2, Yu Yao

Pancreatitis abdomen (beam across ST21, Ren12):

use Kid6 + Kid27

SP5

T11/12 and T7 – in the back

SP5 very important for ovarian tubes

Endometriosis – use SP5 + Liv5

Food Poisoning points – it is for over-active parasympathetic nervous system  
Can be used for IBS, spastic colon

T5 to U.B.15 – this reflects Stomach in the back

Intestinal mal-rotation – use Ren4 and add Upper Dan Tian (U.B.2, Yu Yao)

IBS- use Spleen and Liver Metal/Water

Chubby/fat person – add HT7, Earth on Heart/Fire: Fire is mother of Earth

Kid2 pain – if it does not resolve with Kid7/10 (Metal/Water)

use either U.B.52 or Kid16

if Kid16 is painful – use G.B.25 (regular Mu) instead

if no change – disperse Kid2 (if there is flesh there)

Thyroid – right side shows more commonly, both sides show when it is severe

Jue Tai Yin – very good for asthma

Jue Shao Yin – use if cold bones

Irregular pulse, skipping beat – clear Oketsu

RSD – it is over-active sympathetic nervous system

check Kid2, use Kid 7/10

+ S.J.5 + G.B.41

+ U.B.2, Yu Yao

Bedwetting – T9 or T10 will have a shift  
Needle it, but first try to release with S.I.11  
T9 is Jin Suo (DU8 -筋縮: Muscle Contract/Shrink)

Old person, incontinent – use DU2

if sphincter is tight – use SP3  
if sphincter is loose – use T9 (DU8)

Eyes:

LU10 – use for dropping eyelids, also if pain when moving eyeball up  
Fish cannot close eyes, so use Fish point to open eyes.  
(LU10 Yu Ji – 魚際 - Fish Edge)

G.B.16 – Mu Chaung, Window of the Eye 目窗

U.B.6 – Cheng Guang, Receiving Light, 光承  
these can be taken anywhere above the frontal hairline to the  
back of the head (above the occiput)  
if you go past DU20 level – it may cross to the other side of eye

G.B.37 – Bright Light, Guang Ming, 光明

above U.B.10 – this is the “screen” area, where image is registered  
opposite side of problem eye

L.I.14 - in Japan is the major eye point, any problem with eyes

Zhong Kui – glaucoma and general eyesight improvement point  
(middle finger, proximal interphalangeal joint, Yang side)

Star of Eye – originally for conjunctivitis  
Interphalangeal joint of thumb, not on Lung side, on L.I. side

Frontal H.A. – best is Ba Feng

Occipital H.A. – use U.B.66

Itchy skin – usually Liver Deficiency – use Liv1

Rosacea - first do hot flushes treatment (SP9, G.B.34, G.B.27, Ren6)  
check ST9 area  
check estrogen (G.B.20)

T11- Nagano called “Upper, lower limb related” – use when all limbs involved

## Kiiko Matsumoto, Los Angeles, February, 2013 Treatments

### Case I:

Auto-immune- Churg Strauss vasculitis  
nausea, gas, bloating  
hypothyroid  
osteo-arthritis L4-L5  
poly-arteritis – inflammation of the arteries

### Findings:

Ren12	
Ren15	
Left ST21	Stomach reflex
Right ST21	Duodenal reflex
Pancreatic Tummy	
scar across Ren2/ Kid11 – from tubal ligation	
left ST30	
left Kid16	relates to L4-L5 (which is on left)
Ren17, Kid24-26 %	bronchial reflex
nothing on SP20 in channels on leg painful	poly-arteritis
also Yang channels	
left L4	stenosis
left U.B.27	
T11	more on left
T7 %	T11, T7 – relate to pancreatic abdomen
left gluteus	
S.I.11 %	more on right (digestion is original)

### Treatment:

S.I.6 %	releases S.I.11
S.I.11 surround	
	Gluteus is better
	U.B.27, L4 are better
	legs – still painful
L5	makes legs less sensitive
	(L5 for autoimmune, rapid or slow)
U.B.33	20% better in legs (U.B.32 did not do it)
Jue Tai Yin + okyu	blood is Tai Yin
Jue Shao Yin + okyu	autoimmune
left Jue Tai Yang	because left side did not improve as much
L2 – between Hua Tuo and Shu line	relates to steroid

### Front:

Kid6 + Kid27	abdomen is now 50% better
SP5 + okuyu	Pancreatitis reflex

## Case II:

Gas, bloating, constipation, fatigue, headaches  
abdominal pain, gastritis, pre-pyloric area  
duodenal cell changes  
hysterectomy – 1 year ago due to atypical cells in uterus  
high stress and anxiety  
Nov 2012 – flu shot that caused enlarged lymph nodes  
symptoms got worse after being in India 5 years ago (possibly got sick on plane)  
peri-menopausal

### Findings:

Kid13	uterus reflex
Ren4	
left ST21	
right ST21	pyloric
5 scars from hysterectomy – all have pressure pain	
Ren12	
Ren15	
Ren17	
left SP20	
Ren9 pulse and hardness	
Kid2 – very painful on right	
	Food poisoning point- made abdomen better + Jue Yang Ming – even more
U.B.15	Stomach reflex – better with foot points
U.B.52	Adrenal
U.B.23	

### Treatment:

Food Poisoning + Jue Yang Ming + okyu  
S.I.6 %  
S.I.11 surround

Heart Shu is fine  
U.B.52 is fine,  
still some on right S.I.11

### Front:

Kid7 + Kid10 + Kid27  
right ST24 + okyu  
left G.B.26

Pancreatitis reflex

right U.B.52  
right Jue Shao Yin  
right Kid16

still pain on right Kid2  
for Kid2 pain

Manaka Kidney Mu for channel  
now Kid2 is fine



**Case III:**

44 year old woman  
PCOS  
hypothyroid  
insomnia, constipation one week before menses  
allergies  
food allergies – sugar, wheat, garlic, corn  
migraines – behind eye and temporal

**Findings:**

ST9  
bottom of SCM  
ST28 %  
Ren4  
Ren9

thyroid  
thyroid  
ovaryreflex

Liv8 + Kid10 – released ST28

L2, T11, T9, T4  
U.B.26

thyroid related  
relates to Ren4

**Treatment:**

S.I.6  
S.I.11 – surround  
Kid10 + Liv8 (okyu on Liv8)

T11 – still some  
T4 – still some  
L2, T7 – gone  
food allergies

L2 between U.B. and Hua Tuo + okyu  
Okyu on S.I.11

**Front:**

right Kid10 + Liv8 – again  
left Immune

temporal H.A.

left G.B.39

for top of SCM (left)  
reflecting behind eyeball pain

**Case IV:**

37 year old woman  
IBS like symptoms with bouts of diarrhea  
food sensitivities  
9 weeks pregnant  
G.B. removed – 2008  
2010 – full term pregnancy  
Family history – osteoporosis, diabetes, alzheimer's

**Findings:**

	no poking on centre of abdomen (pregnancy)	
left G.B.27		IBS
right G.B.27		
Ren12		
right ST21		
Ren15		S.I.11 – released G.B.27
right G.B.24		also released with S.I.1
right T10		G.B.
right T2		G.B.
right S.I.11 – ropy, but not left		typical of G.B. type

**Treatment:**

S.I.6		changed rope on S.I.11
S.I.11 surround		
L2 between Hua Tup and Shu		T10 & T2 are fine now food allergies

**Front:**

right Jue Shao Yang + okyu	G.B.
right G.B.43, 44 + okyu	

**Case V:**

45 year old man  
Myasthenia Gravis – diagnosed in December 2012  
double vision in right eye  
ptosis of right eyelid  
double vision occurs at eye level and above, and looking to right  
frequent/urgent urination  
mother- leukemia

**Findings:**

Left ST25  
Ren4

eye reflex  
autoimmune  
checking LU10 + Ren4  
against the eye directly –  
no effect

S.I.11 – right, copy

**Treatment:**

S.I.11 surround on right, one needle on left  
S.I.13  
right SP3 + okyu  
right G.B.37  
“G.B.16” - left

posterior pituitary (ADH)  
changed pressure pain on G.B.1  
for Eyes – Guang Ming 光明  
Mu Chuang (Window of Eye) 目窗  
Kiiko took it in back of DU20  
and referred to it as next to U.B.6  
(Cheng Guang, Receiving Light, 光承)  
left - because eyes cross in back of head

above U.B.10

to release U.B.2  
pituitary and also “screen” area  
Fish point for ptosis of eyelid  
for eyes

LU10 + okyu  
Zong Kui + okyu  
Star of Eye + okyu  
L.I.14 + okyu

eyes

**Front:**

Now SCM is okay  
Ren4 – still some

Ren4  
U.B.2, Yu Yao, G.B.1

manipulate Ren4 –  
reduces double vision

Ear brain stem

**Case VI:**

28 year old woman  
ulcerative colitis  
whole colon is inflamed  
nausea, vomiting, cramps, diarrhea  
hay fever

**Findings:**

left ST26, ST28/29  
right SP14  
Ren9 – pulse  
Ren12  
Splenic Flexure  
Hepatic Flexure – less than left, but some  
all 4 corners of intestines  
Ren4  
right S.I.11  
T7 (right)

checking Spleen to Stomach line

allergies, related to Liver  
Liver reflex

**Treatment:**

S.I.11 surround on right, one needle on left  
L2 Hua Tuo + okyu  
U.B.52 + okyu

Steroid point (she took on and off)  
for Ren9 pulse  
(cannot use ST24!)

**Front:**

Kid6, Kid9, Kid27

Adrenal  
Kid9 – due to many medications  
medications  
for Ren4 - Sympathetic type  
(it has Guan - 外關)

L.I.15 + okyu  
S.J.5 %

U.B.2, Yu Yao

MuShu

for Ren4

**Case VII:**

Hashimoto's  
diverticulitis

Findings:

left SP13 area  
left ST28  
ASIS left  
Ren9, Ren12 – a little  
right SCM, slightly on left  
nothing on Kid2, rapid pulse

DU4, T11, T9, T4  
S.I.11 – more on right

hypothyroid treatment points

Treatment:

S.I.11 surround on right, 2 needles on left  
U.B.43 + okyu

runs in family  
(mother & grandmother both had  
Hashimoto's & diverticulitis)

S.I.6

Front:

left SP5 + SP9  
left Liv4 + Liv8  
right G.B.27 (opposite of diverticulitis)  
Ren4  
right ST25+ Liv13

Scar on ST42 area (car accident)

left HT7

because she is apple shaped  
(fatty liver)  
chubby person point

Kid6, Kid9, Kid27

Adrenal  
Kid9 – due to many medications  
medications  
for Ren4 - Sympathetic type  
(it has Guan - 外關)

L.I.15 + okyu  
S.J.5 %

U.B.2, Yu Yao

MuShu

for Ren4

**Case VIII:**

37 year old woman  
Hashimoto's for 2 years  
mother has antibodies also  
extreme sensitivity to cold  
intestinal bloating  
history of candida  
ovarian cyst (and ovary) removed 18 years ago  
diabetes on father's side of family  
wheat allergies

**Findings:**

left ST28

Kid16 %

Ren9

Ren12

right SCM bottom

no pain on Kid2

thyroid

Liv8 + Kid10 release abdomen (cyst!)

DU4

T11,12

T9

T4

S.I.11

**Treatment:**

S.I.6 %

S.I.11 surround + okyu on second round

L2 (feels noduly)

food allergies

**Front:**

left Kid10 + Liv8

right ST24 + left G.B.26

U.B.66

Ren9 pulse

for G.B.20

if ovary removed -

probably hormonal, low estrogen

**Case IX:**

34 year old woman  
hives and rash – past 2 years  
meningitis – at 6 months old  
5 years old – motion sickness, stomach pain  
9 years old – Lymes, IV port at age 13 for antibiotics (2 years)  
14 – tonsillectomy  
19 – multiple kidney infections  
18 - headaches  
31 – hiatal hernia  
insomnia, fatigue, weak immunity  
Family – Crohn’s, cancer

**Findings:**

Navel	allergies
Ren9	
Ren12	
left ST27	Oketsu – typical in skin problems
under ribs – right	Liver (anti-biotics)
C3 – right	
	right ST25 + Liv13 + L.I.15
	make C3 better

**Treatment:**

Kid9 + Kid27 %	
right Liv1 + okyu	
L.I.15 + okyu	
right ST25 + Liv13	
left Liv4 + LU5	
	lymph nodes are sore (inguinal, neck, armpits)
right SP5 + SP9	right SP2 is painful sluggish lymph

**Back:**

	T7 % - Oketsu shows here
	L2 % - adrenaline
left U.B.35	for right U.B.17
S.I.11 – surround	
Insomnia (heel) point + okyu	
Press-tacks on Kid9, L.I.15, Liv1	

**Case X:**

Tail bone pain – accident in August  
1990 – broke tail bone  
numbness in left arm  
plantar fasciitis – right  
age 3 - shattered left hip and right shoulder in car accident

**Findings:**

DU2  
gluteus - left

L5 makes it better

**Treatment:**

L5

Kawai uses L5 for tailbone  
and hemorrhoids

T1 (D13)  
right LU8

for tailbone  
tailbone  
use right side because it went from  
left hip to right shoulder

left S.I.11  
Liv8

for gluteus  
nodule feeling on gluteus

right Liv4 + Liv8  
Jue Jue Yin + okyu

for big toe pain

T11  
right TMJ point ~G.B.21

junction of going left to right  
for jaw and SCM from car accident

L5 towards leg  
Shao Yin Jue + okyu

Blood Supply  
she feels her foot bones are cold

**Sitting:**

left Dai Mai pressure pain

left Kid7  
left G.B.26