

## Kiiko Matsumoto MAS Nov 3-4

### Ren and Du Su Wen 59:

Ren starts at the throat, then down

Du starts at centre of hole in back of neck (Du15, 16) down to tail bone

This makes sense in accordance to gravity, but later changed to fit into a circle that starts in lower abdomen and meets again in the mouth.

Originally only 2 lines – “mouth to anus” line

ST9 and DU15 are same level if one is looking up

DU15 - Gate of Mute (啞門, Ya Men)

but also Horizontal Tongue (橫舌, Heng She)

DU16 - Gate of Wind (風府, Feng Fu – actually this is not “gate” but Palace)

but also Root of Tongue (舌本, Heng She)

Thus DU15 and DU16 relate to the tongue, and therefore to hyoid bone

This is the start of the Ren and the Du

The tongue, in fish, is the oldest muscle:

Fish has no arms, no legs, they use the tongue to catch food

DU - 3 points in face, 8 points on head (as per Su Wen 59)

Ren – also includes Ren1

These are mentioned besides the line which is throat to anus, and then also points

Nan Jing – now we have a description of the Ren and Du which goes up

the Ren ends at throat and a branch comes up to the mouth

the Du – starts at Shu of Lower Pole (gravity centre)

and ends at centre of brain

(probably DU17 – 腦戶, Nao Hu, Brain Gate)

Later they are extended to meet in the mouth.

Ren Mai Character (任 – Ren: responsibility) – this is a spool  
As we age we “spool” stuff around the centre line, we get chubbier

Kiiko is referring to the part of the character 壬: Ren as in burden  
this is 工 – Gong/work - a spool according to Kiiko  
+ a centre pole (as in a pole for carrying the work)  
Ren is a person (人 – Ren) not a woman (Nu 女)  
The woman character Ren (妊) is pregnancy

Kiiko started to wonder where the spool’s edges might be  
(a spool must have edges or else the thread falls off)  
Top edge is hyoid bone –  
it was called horizontal bone (橫骨) in Han dynasty

Bottom is Kid11 (Horizontal Bone, 橫骨, Heng Gu)

Tongue area and pubic bone area – these are related: mouth to anus  
for throat problems – you can use Kid11 area  
for pubic area (e.g. C-section) – treat ST9  
(also Ren21 for bladder)  
Tissue of bottom of spool (bladder, anus, vagina) -  
relate to the tongue tissue, so treat ST9, DU15 area for Kid11

ST9 – 人迎, Welcome to be a Human Being  
How come it has this name?  
We have a head (and arms and legs), so we developed beyond the fish  
Welcome to Human – is how the Chinese acknowledge this development  
The neck distinguishes us from fish ancestor

ST9 – very important to treat the neck, C4  
Dry mouth, hard to talk (DU15 treatment symptoms) – relate to the neck

C4 – where finger sinks in when you look up

Problem turning neck side to side – this is C4 damage

Below C4 –  
C5 injury – pain all over neck (levator/trapezius),  
also rhomboid area pain  
C6, C7, T1 – affect the arms and hands

Above C4 –  
Does not affect arms, but head

Pain on C4 – use ST9 on the side to which it is most painful to turn head

For C5 – use behind ST9 (back of SCM – S.I.16 Tian Chuang 天窗)

For C6, C7 – use HT3

also HT1 – 1 cun behind, 1 cun below

(you might call it behind G.B.22)

needle it when patient is on the side

One more horizontal line is in the centre of the character (壬) –

This is navel line, SP15 line

SP15 is Large Horizontal, 大橫 (Da Heng)

Thus Ren is composed of Horizontal bone above and below (spool)

+ Large Horizontal in between

this Large Horizontal is like the balance stick of a tight roper –

it keeps the balance between left and right

Fish – mouth to anus is straight

then amphibian, reptile, then mammal

our body is more complicated, so no longer just a straight line

our colon twists, the twisting starts at the small intestine

twisting goes to right, up on right side, to left, and down on the left side

Vena cava is relatively on the right, and goes up

Aorta is relatively on the left and goes down

this is same twisting (circular) direction

right – up, left – down

→ Left is Yang (it goes down from Heaven – Yang meridians go down)

Right is Yin (it goes up – Yin meridians go up)

This is due to the natural rotation/twist

The circular rotation of the colon has a correspondence to the movement of the 10 stems (unclear – because video had a break) starting with Wood Yang, to Wood Yin, all the way to Water Yang, to Water Yin.


Sun Si Miao's idea:

Water Yang (壬 Ren) is Stem 9 – this is left  
this is the spool character

Water Yin (癸 Gui) is Stem 10 – this is right  
Kiiko says this 癸 is a circling compass character  
(癸 is nowadays feet over heaven)

this is the bean sprout waiting under the frost to grow  
(back to Wood Yang)

there has to be a hidden fire waiting to make the sprouting

 the trigram for kidney (water)  
this is Yang (solid line) between two Yin (broken lines)  
if we put it on the side we can see it as Fire (Ming Men)  
between the two kidneys  
heart between the kidneys, or Fire between Yin/Water

Ming Men is in the centre – this is the hidden fire  
Life, fertility, energy of life is the Kidneys  
Kidneys are the foundation of the body

Stem 10 (Kidney Yin 癸)

is the one that decides when the sprout will emerge  
if you die, or wil re-born, etc.

→ Water Yin is the blue print, the destiny: it determines the future  
We have our blueprint/destiny inside – that is Water-Yin

Right Kidney is not regular Kidney, it is the Blueprint Kidney  
Ming Men, and relates to fertility

Right side is Yin – therefore it has priority (over Yang organs)

On the abdomen, Water Yin (blueprint) is on the right side, right ST26-28  
right side of abdomen is very important, it shows us the prognosis  
appendix scar, if it has adhesions will interfere with the future  
(this is based on Sun Su Miao's idea of Stem 10 being seed of future)

## Dan Tian and Ren9 Pulse:

When palpating abdomen, you should be able to get the finger in to the depth of one knuckle (on regular size person) without discomfort to the patient.  
There should be no pain, and temperature should be even.  
You are looking for tightness, pain, temperature imbalance, or pulsing

Ren9 to Kid16 (left), around navel, pulsing – this is aorta  
If pulsing is Ren9 to Ren15 – classics say this is bad prognosis  
possibly an aneurism  
send patient to cardiologist  
You should not feel the aorta pulse  
Aorta is in front of the spine, and has many layers between it and the front

Shen should circulate quietly and rhythmically (relates to name of SP20)  
Kidney Ming Men should be quiet (winter) also  
if these are overactive (Ren9 pulse), it robs you energy  
this is an overactive sympathetic ganglion.

Fatigue person, emotional upset type, Kidney deficiency –  
may show Ren9 pulse

the centre of energy (Dan Tian) should be calm

Always check Dan Tian: it should have no pounding, should be warm  
it is the centre of the body by Chinese, so it should be calm

Autoimmune – relates to Small Intestine  
Ren4 is most important by Nagano  
S.I. Mu – centre (origin) of the rotation  
(in centre is quiet, outside centre, it spins)

Ren4 Guan Yuan (關元) -

the Yuan used here has head in it (as in “top” 上 of “person” 儿)  
in Japan this Yuan – 元, Gen Ki – is to ask how you are, how is your energy  
(the Yuan in source points, 原, is the origin of a spring of water)

if Ren4 is injured at delivery, you get post-partum depression  
this shows the connection between the head and Dan Tian  
good Dan Tian means good head  
fearful, fickle minded – this is weak Dan Tian

Guan Yuan, 關元 – also implies gate to the head, to the mental

Mu (募) – as in Mu points – it has a sheath, a thin sheath  
(it means to collect, as in to put things in a canvass  
and then collect them to give out)

Bao (包, as in Pericardium) is thicker, this sheath is thinner

Mu 募 you put the sheath down, then something on it  
then gather it all in the sheath

Mu points – it is the sheath, fascia surrounding organ  
each organ has a sheath wrapping  
Mu points relate to this

Nagano said that acupuncture is connective tissue medicine (fascia)  
in auto-immune, you get a nodule on the sheath of small intestine  
on Ren4 – needle it  
(do not needle it if it is too painful – first make ren4 less painful)

S.I. – has more sheath than other organs  
the sheath holds it together, so it does not drop down  
one cannot survive without the small intestine: no nutrition

Dan Tian – 4 fingers below navel: S.I. Mu (Ren4)

Lots of people have bloating/gas, also if lots of medication which upset the  
stomach and affect intestines. When you palpate, you will find lots of sensitivity  
in abdomen. Abdomen should be solid, but this type person, it feels there is air  
underneath. This disrupts the diagnosis, it is hard to find Ren9 pulse, so check  
SP20 (left)

SP20 – important cardiac reflex

Stomach line – supports mouth to anus idea  
now it is a meridian, but first came the mouth to anus idea  
as a meridian it stayed on the Yin side (even though it is Yang)

from S.I. food has to go upwards and distributed.  
this is the blood vessels – the origins of the Spleen

Heart comes later, first came the blood vessels,  
then heart (from vessels coming together to form pump)

SP20 shows Heart: the heart is related to the Spleen  
It comes from the vessels/Spleen  
SP20 – panic attack, anxiety, cardiac reflex – on left

SP20, Zhou Rong (周榮)

Zhou 周 – a circuit that has regularity

Rong 榮 – to prosper

So SP20 has the idea of Circle + Rhythm

If SP20 shows on the left side and big abdomen,  
it is possible that they have Ren9 pulse, but big  
abdomen is hiding it...

for Ren9 pulse -

use right ST24 (滑肉門 - Hua Rou Men, Slippery Flesh Gate)

(some patients show left SP20 but are chubby so Ren9 pulse is hidden -  
still check right ST24 to see how it affects abdomen)

left G.B.26 is supporting point

U.B.52 on the back

Nan Jing says abdominal pulse is more important than the heart

Blood vessels came first, then the heart formed...

if you cannot check SP20 (implant such as pace maker, chemo drip) –

check left S.I.11 instead

## Bad Digestion disrupting Abdomen:

If stomach/digestion is sluggish, treat the S.I.

this type may have bloating/gas which will mask the real abdominal  
Jejunum – left upper quadrant, has to be empty (cecum is lower right quadrant)  
if jejunum shows – something is wrong with the small intestine  
first clear that,  
so it clears the abdomen from digestive interruptions

turn patient around and check S.I.11 on both sides  
needle and moxa (okyu)

Right S.I.11 (by Nagano) is related to Stomach, G.B., Liver, and intestines  
Healthy S.I.11 – should feel muscle, then bone, not “dry fruit” feeling  
If person has gas – start by clearing S.I.11

S.I.11 (天宗 - Tian Zong, Heavenly Ancetor):  
in Japan is called Breast Shu

find the gummy area and surround it (up to 6 needles) + okyu

rectus Abdominus is Zong Muscle, and S.I.11 is Tian Zong  
so Kiiko thought of using S.I.11 to clear abdomen (rectus abdominus)  
Zong muscle – she think it got it's name because it stretches in pregnancy  
Penis is also called Zong Muscle  
It relates to ancestry (continuing the ancestry)

if S.I. is strong, you will not feel Ren9 pulse,  
because the pulse shows due to weakness in the fascia in front of the aorta

S.I.11 – also changes acid reflux  
also for candida (resides in S.I.)  
diabetes (S.I. signals to pancreas to release insulin)  
it is important to treat S.I.11 for diabetes (also T11/12) -  
(especially insulin resistant type)  
diabetics – also show on Left Kid16 (unless on insulin pump)  
IBS  
Crohn's

Also intestinal cancer, or pain after intestinal operation

concave above navel – this type is candidate for Ren9 pulse



Fatty Liver – can be from lots of antibiotics  
also long-term diabetes  
obese patients  
Lipitor takers  
(shows on Liv14)

Pancreatitis – use Kid6 + Kid27, SP5 (+okyu), and S.I.11

After you clear S.I.11 and it feels less gummy,  
you can start to see the root issues in abdomen  
these reflexes will stay, while the digestive/bloating will clear

if S.I.11 is still gummy after needles + okyu -  
leave press tacs on S.I.11 and then turn patient over

If S.I.11 is very painful –  
release with S.I.6 (Yang Lao 養老– Support the Elderly)

Manaka said that S.I. is origin of aging  
when S.I. channel on upper arm starts to sag  
this is an aging sign by manaka

S.I.11 is also Breast Shu

Rheumatoid arthritis (in fingers) – S.I.11 does a good job  
essential point for rheumatoid arthritis

Paralysis type person – they complain of bladder and intestines  
use S.I.11

Left S.I.11 is cardiac reflex –

Check U.B.60 and if pain, use U.B.66, U.B.67

20% of cardiac patients will show U.B.60 on right

In that case, use right U.B.66/67

(most will be on left)

Also for hot flushes – something disturbing the heart

S.I.11 in cardiac patients – first treat below (U.B.66/67)  
Then you can treat S.I.11

Ren12 (Zhong Wan, 中脘):

Ren12 – post natal Qi (ren4 is pre-natal, Kidney related)  
according to the Ling Shu (10) -  
the meridians start after birth with the swallowing of milk

Grand Luo of the Stomach – starts at the stomach  
the pace maker of the heart - is part of that,  
it starts in stomach  
Kiiko says it relates to left ST21

Ren12 is Zhong Wan (Ren10 and 13 are lower and upper Wan)  
What is Wan (脘)?  
Wan means the rugae (the elastic inside of the stomach)  
One dictionary says that Wan is Bone and Fat  
therefore it will relate to marrow (fat inside bone)  
also to myelin (the fatty covering of nerves inside spine/bone)  
also to the brain (fatty tissue inside bones/skull)  
Disc problems – use Ren12 (especially good for neck)  
add Ren13 for upper body  
add Ren10 for lower body  
Nagano used Ren12 for calming brain

if Stomach is in good shape – Ren12 will not have pain  
if rugae is on good shape – cancer will not take root, will not return  
very important to treat stomach for cancer  
very important to treat stomach for anemia

When one gets old, the rugae shrinks (looses elastic capacity), and gets tight  
the upper back curves as a result (to accommodate the shorter front)  
treat the stomach, not the back  
this type person – navel to Ren15 is short (should be equal to navel to pubic)  
and also often concave

B12 injection type has shrinking rugae  
shrinking rugae means no enzymes, therefore cannot produce B12  
Ren12 will be very painful.  
with age the stomach drops down (gravity) – it may show lower

Shrinking rugae – you will find T5, the innervation of the stomach

Too much stomach acid:

This is overactive vagus nerve, stimulating the stomach,  
or, for reflux, cardiac sphincter not closing properly

use Ear Stomach and Ear San Jiao – to release the Vagus nerve  
check against the SCM and Ren12

Acid stomach, person who receives stress in stomach –

use G.B.34

(if you cannot, say there is pain on G.B.34 – use Jue Shao Yang)

Right ST21 – duodenum reflex

Left ST21 – Stomach reflex

left ST21 shows reflux, stomach ulcer, acid stomach

Duodenal type – tends to show right SCM tightness

Stomach type – tends to show left SCM tightness

IBS shows between Spleen and Stomach channel on left.

Ulcerative colitis – this is over-active parasympathetic nervous system/

Lung reflexes:

Rhomboid muscle is reflection of the lungs  
U.B.13, 14, 15 area and on border of scapula  
use Trochanter points to release rhomboid and improve lungs  
needle Trochanter points when patient is on one side  
Lung infection – check LU10 (Fire) and use LU5 + LU8  
Then release the rhomboid with Trochanter

Fire Point diagnosis:

if Fire point of any meridian is painful,  
use Metal + Water on that meridian  
this allows you to always tonify rather than take away:  
fortifying Water reduces the Fire, and Metal makes Water stronger

Fire point can mean there is infection/inflammation –  
bladder infection often shows as pain on U.B.60, use U.B.66/67  
gum infections – use L.I.1, L.I.2

Lack of estrogen:

reflects under occiput, U.B.10 to G.B.20 area  
very common in menopause  
lack of estrogen constricts the blood vessels (cold hands and feet)  
also eyesight decline (relates to G.B.20 area also)  
release with U.B.66 (water on Water)  
hysterectomy, menopause – always check for U.B.66 as treatment point

pituitary – shows on U.B.10 (and above, on bone)  
estrogen – shows more towards G.B.20

piriformis is pregnancy muscle, also important to check in menopause

Men's points:

Prostatitis – U.B.33, outside U.B.35 (1 palm lateral to centre)  
male sexual issues – check Kidney and Liver channels  
male hormone – U.B.33 + Re12

Thyroid –

reflects on ST9 and bottom of SCM  
boarder line type – tends to show one side only, most often right side  
hypothyroid – essential is L4, T11/12, T9, T4  
on front – treat Kidney (hypo is Kid3, hyper might be Kid7)

Concussion –

check DU20 for any  
concussion, head injury, head operation, TMJ operation, eye operation  
also post-partum depression

also can result from whip lash or tail bone injury

DU20 should have no heat, not mushy, no pain

Treat – SP6, SP9, LU5, Pericardium

Pericardium: check P.8 (Fire)

if pain on P.8 – use P.3 (in hole) + P.5

Metal/Water

If no pain on P.8 – use P.6

Eyes –

check U.B.2, Yu Yao, G.B.14. G.B.1, ST1

on abdomen check ST25

on back – check T4

in Japan – L.I.14, L.I.15 is very important for eyes

L.I.2 – sty point (can be L.I.2 or one joint distal), or eyelid inflammation

Red Eye point – Liv1 but like P.9 at tip of toe

Cataract point – S.J.20 (角孫 Jiao Sun: Horn's grandson)

Dry eyes – use G.B.6, G.B.7

tear ducts show between nose and ST2

too much tears – use T4

astigmatism – use bridge of nose to ST2 (closer to nose)

Pain behind eyeball – G.B.39: disperse

Liv9 – eye point, one third from Liv8 to groin

G.B.16 (目窗 Mu Chuang: Eye Window/Shutter) – use for eyes

In abdomen head reflects/treats –

Ren4 – head

Navel – nose

ST25 – eyes

Liv14 - corner of mouth

Liv13 – ears/mastoid

DU15 – to produce saliva, for thyroid cancer patient who had radiation,  
salivary glands are burnt

Inner Yin (Xin Yin Men, 新殷門 New Abundance Gate) –  
cancer point: one third between knee and groin  
(can be Liv9 or on Kidney channel)  
Needle towards the Stomach line

SP9 – best for joint pain  
SP4 – for cough with mucus, dampness

If one vertebrae is injured, over time the one above or below will show also, as it compensates

Jue points – for varicosity below the knee, according to the channel.  
Jue Yang Ming – can be second or third toe

Gout – use Liv5 (moxa)

Liv8 pain – use HT4 and Liv3 (against the flow)

## Kiiko Matsumoto MAS Nov 3-4 - Treatments

### CASE I

Diabetes for 7 years (or 17 years?)  
father had diabetes at age 65  
high cholesterol

#### Findings:

Ren9 – a little tight, slight pulse	
Left Kid16 (also a slight pulse)	diabetes reflex
Ren12	
Left ST21	pancreas tail, jejunum type
Right Liv14	long-term diabetic affects fatty liver
Left ST25	

S.I.11 % tight but not mushy  
Pressure on S.I.11 corrected all abdominal findings  
(because her S.I.11 is not mushy, Kiiko says it will be easy to treat and change)

Left T11

#### Treatment:

S.I.11 % + okyu	2 needles
T11 % (45 degrees up)	diabetes/sugar point
	now S.I.11 gummy is smaller
	needle one more point +okyu
	now S.I.11 is better

#### Front:

now Liv14, left ST25, left Kid16, left ST21 – all gone.

## CASE II

Anemia with B12 deficiency  
Lacks intrinsic factor  
Vitiligo  
Breast cancer (right breast) – now gone

### Findings:

Below Ren12

left ST21  
left S.I.11  
right ST21

T5

Stomach reflex (rugae)  
stomach is prolapsed due to age (50)  
checking pubic/inguinal also  
to see other prolapse - no  
(level with official Ren12)  
fixed Ren12 and ST21  
big gummy (breast cancer)

relates to Stomach

### Treatment:

S.I.6 %  
right Inner Yin

S.I.11  
T5 + okyu

for S.I.11  
for right S.I.11  
because of cancer (right breast)



### CASE III

Severe anemia – since childhood  
Stomach acid – many years  
Pain in epigastrium  
When stomach acid is severe – teeth feel weird

#### Findings:

Ren12 and below	
left ST21	stomach refelex
SCM %	vaus nerve reflex
Ren4	
Right Stomach and Spleen line (~ST27/28)	cecum
S.I.11 – very ropy and painful	made abdomen better except for Ren12 top made SCM better
T5 (left)	

#### Treatment:

S.I.6 %	for S.I.11
S.I.11 (4 needles)	now T5 is better, SCM somewhat better
T5 + okyu	
left Ear Stomach and San Jiao	for SCM now SCM and T5 are better

#### Front:

	Now ST21 is fine, but Ren12 top is still there cecum side is fine
	Kiiko wanted to use G.B.34 but she has varicosity & pain there
left Jue Shao Yang + okyu	Ren12 is fine teeth feel better G.B.34 vericosity pain is better

## CASE IV

Fractured C5 as a result of a fall while inverted 2 years ago  
lost consciousness but no concussion  
was paralysed from neck down, now can walk and uses a cane  
right hand is spastic  
all movements are slow  
numb, below chest

### Findings:

C5 is very painful on centre, not Hua Tuo  
Nothing on C6

Ren12 – makes C5 better

### Treatment:

Ren12  
Behind ST9 (S.I.16) %

behind the SCM, pushing the SCM  
going into the scalenes medius

now neck is better  
she says stomach/abdomen  
gets bloated since accident

pressure pain on ST27 %  
S.I.11 made it better

### On left side:

ST9 + S.I.16

there is pain on C6-C7 on right side  
for C5-C7  
again on side, getting different angle

right HT3  
right HT1

for C6-C7  
very important for C6-C7 shift

right S.I.11

very puffy – 6 needles

L.I.10

for contracture of fingers

hand is looser now  
numbness below ribs is better

## CASE V

Sarcodosis – diagnosed after a heart attack  
fatigue  
joint pain, muscle pain  
acid reflux  
asthma

### Findings:

Ren21  
left LU1  
left SP20  
Ren15  
Ren17

pain on rhomboid %  
U.B.42, U.B.43 %  
L4-L5

left Sacro-iliac joint  
gluteus %

left ST21 – slight  
Ren4 – very sensitive

(video was cut here, but it appears she also had left U.B.60 – cardiac  
C7 – affected by lumbar possibly, and S.I.11 pain and puffy)

Lung  
lung reflex  
cardiac reflex  
cardiac reflex  
cardiac reflex  
Kiiko did not find Ren9 pulse  
but she is chubby, so easy to miss it  
right ST24 – changed LU1, SP20,  
Ren17, Ren15

Lung muscle/reflex

she had L3 herniation (1995)  
affecting below

acid reflux reflex  
auto-immune

### Treatment:

Because Ren4 is painful – resolve it first

#### on right side:

left U.B.66, 67  
left S.I.6  
left Trochanter (2 needles)  
left S..11 – 3 needles

right S.I.11

cardiac with U.B.60 (Fire) pain  
for S.I.11  
best for rhomboid → lungs

rhomboid, gluteus, L4-L5 improved

very puffy – 6 needles

on left side:

right S.I.6  
right Trochanter (3 needles)  
right S..11 – 4 needles

for S.I.11  
best for rhomboid → lungs

now breathing is easier

2 more needles on left S.I.11 because still nodules felt there  
+ U.B.42 %

Front:

Ren4  
Right ST24

autoimmune (sarcoidosis)  
she must have Ren9 pulse  
though it does not show (chubby type)

SP4%  
Right LU5 + LU8  
SP9 %

cough with dampness  
pain on LU10  
support SP4 (mucus)  
also for joint pain

adding okyu on Ren4

plastic handle → no kyutoshin

ST21 is much better  
mucus is gone  
next treatment-  
Kiiko would do Kid3 (asthma) + 27

## CASE VI

Muscular pain – diagnosed as auto-immune  
gluten intolerant  
started with car accident in 1977 with back pain (lower and middle), whip lash  
age 12 – hit by a falling branch and lost consciousness – this is oldest injury

### Findings:

T9 area – muscle pain	
left gluteus	
left sacro-iliac joint	
sacrum (%)	
U.B.10, G.B.20 %	oldest injury (age 12)
DU20 – tender and mushy	Blood stagnation in head
Ren4	auto-immune
	because of G.B.20 –
	check hormonal areas
	(she never got pregnant)
left ST28	ovary
right ST30	Chong
piriformis	pregnancy muscle
Ren9 – tender on light touch so cannot tell if pulsing	
nothing on left SP20	

Ren4 – made DU20 and occiput better  
U.B.66 – even better, and also piriformis now better

S.I.11 – tender

### Treatment:

U.B.66 % + okyu	for G.B.20, now sacrum is good
S.I.11 %	T9, gluteus, sacrum are good

### Front:

Ren4 + okyu	auto-immune
right ST24 + okyu	now that it is better, can needle
left G.B.26	for Ren9
	supporting point for Ren9

## CASE VII

Hashimoto's thyroiditis, hypothyroid diagnosed 2008  
two c-sections: 2003, 2006  
osteopenia  
upper and lower back pain  
brain fog  
tinnitus  
inflammation of the iris – left eye: eye feels dry, takes drops

### Findings:

Rhomboid %  
U.B.32 %  
left Sacro-iliac joint  
left G.B.14, U.B2, Yu Yao, G.B.1  
left G.B. Peyes (G.B.6/7)

Ren7

right Kid13  
Ren4 – slightly  
Kid11 % scar, stings  
ST9 %  
bottom of SCM  
SP15 feels “crampy”

Kiiko thinks perhaps it all  
started with C-section  
(Kid11 affecting ST9)

eye  
dry eye point

from C-section  
Scar is horizontal,  
internally it goes up  
uterus

spool shift (C-section)  
thyroid/spool shift  
thyroid  
fixes Kid11, SCM  
because she can't use SP15  
Kiiko wants to start with  
autoimmune; S.I.11

### Treatment:

Trochanter  
S.I.11

L2, T11, T9  
T4

L.I.15 + okyu

makes rhombid better

T4 is tender – eye related  
hypothyroid treatment  
made eye reflexes better  
except for G.B.1  
for eye (choose L.I.15 over  
l.I.14 because of thyroid)

Front:

SP15 %

Ren4  
Right ST24

Kid3 + Kid27

S.J.20 (to G.B.8)

Ren4 + okyu  
right ST24 + okyu  
left G.B.26

now abdomen is better  
right ST30, left ST9 are left  
balance beam between the  
2 Horizontals (Kid11, ST9)

auto-immune

for thyroid

cataract point  
(for her – to prevent cataract)

auto-immune  
now that it is better, can needle  
for Ren9  
supporting point for Ren9

## CASE VIII

Steven Johnosn autoimmune syndrome (started as allergic reaction on 80% of skin)  
blood vessels growing into eye/cornea  
tear ducts are dry  
pain in eyes  
eyelids pain and swollen  
sensitive to light  
skin – rushes, blisters and bleeding

### Findings:

ST25 %	reflection of eyes better with Liv9
G.B.5, 6, 7	dry eyes better with Immune points
Yu Yao % right ST2	tear duct area

### Treatment:

Immune % - 3 needles	for G.B. Peyes ST25 also better
Liv9%	
G.B.39	pain behind the eye
SP5 + SP9 %	she has SP2 pain
okyu on SP5 (anti-inflammatory)	spleen is blood vessels she has inflammation in blood vessels
Sawada L.I.2	sty point
G.B.16 %	window of the eye
S.J.20 %	cataract point
U.B.66 %	Water on Water – moisten the eyes
L.I.15 % + okyu on right	Ren4 is still painful Cannot needle for Liv14 under ribs
right Si Shen Cong	
presstacs on ST2	

### Back:

S.I.6 %	S.I.11 is painful better with S.I.6
S.I.11 % 5 needles on right, 4 on left, okuy on left	
DU15	for saliva (tear ducts)



Kid9 %  
left L.I.15 + okyu (right had moxa on front)  
Liv9 % - again, also leave presstac

detox – for skin

Front (again):

Ren4  
Red Eye point (at tip of big toe)- moxa  
presstac on G.B.39  
presstac on Immune

pain behind eye (eyeball)

## CASE IX

Ulcerative colitis, extreme bleeding and cramps  
comes with stress

### Findings:

Ren4  
left Spleen/Stomach line – ST27-28, 30  
Ren9 pulse  
left SP20  
  
tight erector spinae (valley back)  
right U.B.23  
right Kid2

R ST24 made abdomen better  
indicates weak Kidney

### Treatment:

right Kid7 + Kid10  
S.I.11 (6 needles on left, 5 on right) + okyu  
  
T5 + okyu

for U.B.23 (Kid2 pain)

T5 – sharp pain

manipulating Kid7, Kid10

### Front Treatment:

Jue Yang Ming + okyu  
right ST24  
left G.B.26

now abdomen is mostly better  
makes abdomen even better  
because of Ren9 pulse

Ren4 – no pain now

## CASE X

Amputation – 10 years ago, due to cancer of blood vessels in hip  
cancer did spread to lungs and spleen, but then gone  
whole left leg removed  
phantom pain, down the missing leg, feels like it is squeezed or stabbing  
G.B mostly, and back (U.B.)  
right knee cartridge removed 30 years before – arthritis  
right gout pain (big toe)

### Findings:

right Inner knee eye, patella, Liv8, G.B, but not behind the knee  
left below G.B.26 + G.B.26 related to GB phantom pain  
right Liv5 – hole and pain

### Treatment:

Kiiko wanted to start with Liv5 , but it is too painful, and did not release the big toe. The strongest pain in the knee was Liv8, so she started with HT4 + Liv3, and then Liv5 moxa.

right HT4 + Liv3 (against the channel)	best for Liv8 knee pain
right Liv5 + okyu	for gout pain
right Liv9	cancer point
G.B.24 (Mu)	left G.B.26 area is better for phantom pain looking for pain in hip
left Kid11, SP15, ST9	pain on back (U.B.) on stump spool was shifted alleviated ischium pain

### Back treatment:

S.I.11 5 needles + okyu on gummiest	for stump pain
Left L3	for hip (G.B. pain)
L2 (Ming Men)	life threatening
T7 (right) + okyu	he had 108 blood transfusions T7 is blood disorder line now stump pain is better
right Inner Yin (again)	cancer
U.B.33 %	loss of testosterone after operation
right Shao Yang Jue	G.B. line pain (checked because of varicose veins around ankle)
right G.B.34	for left L.I.5 area (crutches) would add left ST27 (Mu)
left Immune	for ligaments