

Kiiko Matsumoto Santa Cruz January 26-27, 2013

Small Intestine Mu and S.I.11:

募 – to collect

This is 莫 (Mo – “is not”) with 力 (Li - power)

What is Mo (莫)?

莫 is “not” as in the sun disappearing behind the bushes

but Kiiko is looking at what else gets combined with 莫:

墓 – adding earth = grave (something covered by earth)

幕- adding 巾 (cloth)- = tent (something covered by cloth)

thus 莫 must mean a cover (as in the sun is being covered by the grass)

膜 (adding flesh on the left) = membrane, fascia

募 - Mu, is a sheath/membrane that has power
the power of the sheath that holds the organs

Kiiko thinks it is the fascia specifically around each organ
especially the mesentery, the fascia holding the small intestine.

(there is a sentence in Su Wen

“if Evil invades outside of Stomach/intestines, Mu Yuan...”)

Nagano – “acupuncture is connective tissue medicine”

Dan Tian – why 3 cun below the navel? What is the big deal about the Dan Tian?

丹田 – Dan Tian is Ren4, Mu of the Small Intestine

symbolically - sheath of all the Mu?

it is on the linea alba, not on a muscle

this Ren4 is very important

Autoimmune – Ren4 is very important

Nagano says the fascia becomes so tight,
creating autoimmune disease

but no needling in Crohn’s or ulcerative colitis

– too close to problem area

Because of Ren4 being so important for fascia (and acupuncture) –
Small Intestine channel must be very important

Kiiko find S.I.11 to be an amazing point.

S.I.11, Tian Zong - 天宗

(宗Zong – Ancestor, also implies gathering, of the ancestors/tribe,
and thus relates to Mu, 募)

Originally, left S.I. 11 – related to Heart and Shen
pitting edema (related to heart) shows on S.I.11
for pitting edema – very important to treat S.I.11

S.I.11 – also known as Breast Shu in Japan
use in breast cancer, milk production, breast cysts, etc.

Right S.I.11 – related to digestion: S.I., Stomach, Liver, G.B.

Why are Small Intestine and Heart connected? It does not seem intuitive.
you cannot survive without either heart or small intestine
Small Intestine is very important – nourishment

Colon and Stomach are highly innervated: they do not work under stress
Small Intestine does not have as much innervation
It is not affected by emotions – that allows us to survive

70-80% of immunity is in the S.I.
if you have lots of abdominal findings or gas/bloating
- probably weak immunity

Tian Zong (S.I.11) – related to abdomen:
Rectus Abdominus is Zong Muscle (Kid/ST channels)

Manaka – “Aging comes from Small Intestine”
Kiiko thinks it shows as saggy upper arms

Frozen shoulder, often shows on triceps
– Kiiko thinks that (in women) it relates to hormones

If too many findings on abdomen, start with S.I.11
also if many conditions – start with S.I.11
G.I. issues – start with S.I.11
then recheck abdomen – it will be clearer

If S.I.11 is too gummy, too sensitive – use S.I.6 first

Surround S.I.11 (up to 6 needles) , work on other points, come back, stimulate, take out and re-needle (surrounding again)

Originally S.I.11 is to strengthen Lower Dan Tian

Frozen shoulder – use hormones + shrink S.I.11

S.I.11 – also changes gluteus and sciatica
(for crease line use Immune)

S.I.11 – also for rheumatoid arthritis
add Tricep Releasing Point – lateral edge of scapula

Candida – best is S.I.11

Kiiko also used for intussusception (S.I. folds into itself)

S.I.11 can be used also for “mouth to anus” connections (it is S.I.)

use S.I.11 for autoimmune.

In autoimmune, always do S.I.11 twice:

manipulate and take out first set, then recheck and re-needle

Post-partum depression – treat S.I.11

labour shifts the small intestine.

Palpation – 1 knuckle in; should not be too soft, no pain, no change in temperature between surface and deeper

Gynecology:

Liv12/SP12 – amenorrhea reflex, right on joint
release and then needle towards the pubic bone
men – also use Liv12/Sp12 for sperm motility

Most gynecology types show more on the right – it is the blood side

Right Kidney – relates to fertility

Piriformis is fertility muscle – check in any gynecology complaint
use G.B.31 to release

G.B.27, G.B.28 – “Nourishing Uterus” area

U.B.53 – Bao Huang 胞育 – Womb point
Outside U.B.32 – very important in gynecology

Always check piriformis, U.B.53, SP12, and G.B.27 areas in fertility.
L5, piriformis, U.B.53, gynecology line Ren4 to G.B.28) “must be beautiful”

C-section – external scar is across ST30, but internally it goes up the Ren line

ST9:

Originally Ren and Du are Entry to Exit tube.

DU26, Ren Zhong – 人中 Middle of Human
Nose – heaven/air
Mouth – earth energy/food
DU26 is between – Human between Heaven and Earth

ST9 Ren Ying - 人迎 Welcome Human
1. head belongs to humans, evolution of mammals
from fish develop head, so ST9 indicates this
2. thyroid – welcome to being an adult (it is 人 not 子)
thyroid plays part in puberty
3. head is Heaven, body is Earth, ST9 is between

use ST9 for C4 shift (also by TCM fir face redness)
use ST9 for Entrance as well as for Exit (Kid11 area)

Mouth Sores:

Liv3 + SP3 – this is Liver Excess treatment for mouth sores

L.I.6 – Gum point, for anything inside mouth

interlace fingers, where index finger falls (between index and third)

Astigmatism:

3 points between U.B.2 and ST2:

- below U.B.2 (between U.B.1 and U.B.2)

- level with, or above L.I.20

- ST2

look for puffy and needle at edge of orbit.

+ U.B.2, Yu Yao.

Ren12 – if you receive stress here, use Immune, S.J.16, G.B.20

Ren17 – if you receive stress here, use U.B.2, Yu Yao + Ren4

(Upper and Lower Dan Tian for Middle)

Shen cannot fight for itself,

use Lower Dan Tian to guard Shen

+ S.J.8, G.B.40

Pericardium is the last choice – use others first

T5 will often show up if Ren17 shows

Colitis – it starts on left (descending colon) and moves up and to the right

Check Spleen to Stomach channels in abdomen, press towards centre

Food Poisoning point (where pad of second toe touches foot) –

for over-active intestine, mucus, etc.

this is parasympathetic dominance – it calms it

Liv8 – for connective tissue lump

tendinitis – use Liver

muscular or bruise feeling – use Spleen

plantar fasciitis – use Liv8

fibromyalgia – use Liver and Spleen

Sciatica – favorite point to treat sciatica is Kid16, same side

you can also use Kid16 as a reflex instead of piriformis

Scoliosis – usually goes to the right at T5, away from heart

– use S.J.5 + G.B.39 on right

Kiiko Matsumoto, Santa Cruz, January 26-7, 2013 Treatments

Case I:

36 year old woman
Infertility
IBS
fatigue, lack of sleep
occipital pain bilaterally
gained weight
2 arthroscopic knee surgeries (left)
Right shoulder – put back in socket

Findings:

Left Inner Knee Eye
Right LU1 to L.I.15
Right edge of scapula (Triceps Releasing area)
ST30 %
Liv12 %
Ren9 (feels lumpy)
Ren4
Left ST28, Kid13
Ren12
Ren15
Ren17
Left SCM

All findings are centre and left
Left S.I.11 makes findings better

Left U.B.39
Sacro-iliac joint
T5 %

her findings are on left (Qi side)
Check the Shen

Piriformis %

fertility muscle

Treatment:

S.I.6 %
S.I.11 (4 on left, 4 on right)
Right Tricep releasing point
G.B.31
left Tai Yang Jue + okyu

releases S.I.11
releases most findings
for old shoulder injury
for piriformis
for sacro-iliac joint
recheck S.I.11 and re-needle

Front:

left Inner Knee Eye still pain
right ST30 still some
- blood side – typical gynecology
shouder – 60% better
Ren9 – much better
Ren12 – still some tenderness

right SP4 + P.6

Inner Knee Eye combination
(R) ST30, (L) Inner Knee Eye – fine

right HT7
right Kid6

she has acne on right chin
trying Kid6 + 27, but pain on Kid27
for Kid27
(partial Adrenal without 27)

Immune + S.J.16
U.B.66 + Okyu
G.B.20

still pressure pain on Ren12
for Ren12
to release G.B20
continue Ren12 treatment
Now Ren12 is 70% better

Kiiko recommends moxa on Kid13 next time for fertility

Case II:

37 year old woman
PMS
Migraines during ovulation – used to be at all times
Canker sores

Findings:

Kid11, Ren2
Ren9 – pain, pulse, nodule feeling
left ST27
Kid13 %
right Liv14

Left SCM
C2, C3, C4
U.B.2 to ST2

relates to pain behind eyeball
she had a concussion
she had deviation surgery
and scraped sinuses

Treatment:

right U.B.66

right Liv3, SP3

right ST24 + left G.B.26

right L.I.6
left Kid7, Kid10, Kid27

ST9 (painful)

for G.B.20,
also eyebrow pain (hormonal)
mouth sores
now left SCM is better

Ren9 pulse

mouth/gums
she has left Kid2 pain

for Kid11 C-section scar
Kid13 – still pain, better with S.I.11

Back:

right I-Hi-Kun
S.I.11
Liv8
U.B.52
Take out and re-needle S.I.11
S.I.6 (right) for S.I.11

SI joint and Yao Yan
pain on right side of head
(countercoup to eye)

for head injury
for Sacro-iliac joint
for connective tissue lump (SI joint)
she has Ren9 pulse

Kiiko feels the problem is Entry/Exit (mouth/anus): mouth/head issue makes C-Section/Dan Tian area problem.

Case III:

37 year old woman
infertility – no ovulation
heavy, painful periods
right ACL

Findings:

ASIS (G.B.27, 28) especially left
SP12
Ren4
ST28 %, right Kid13
Ren9 pulse coming all the way to Ren12
right ST25
SCM – especially on left

right Liv14
left ST9

no pain on piriformis

Treatment:

U.B.53 % + Kyutoshin
U.B.32
U.B.52

S.I.11 (4 needles)

Front:

right Liv3, Sp3
right ST24 + left G.B.26
ST9 %
Kid10 %

left ST25
G.B.27/28 %

Magnets on Kid10 (north), G.B.27 (south)

Nourishing Uterus area

Kiiko says “too many findings”
so trying S.I.11
she has mouth sores
thyroid

S.I.11 – made abdomen better
but not fully

T4, T5
Right S.I.13
made T4/T5 better
gyn
Ren9 pulse, also helped back of knee

Now SP12 is fine
right Kid16 and ST25 still show
mouth sores
for Ren9
Entrance Point, for mouth sores
ovaries
right ST25 pain, also right S.J.4 Mu/Yuan)
for the San Jiao connection

Case IV:

38 year old woman
PCOS
Behcet's syndrome, autoimmune
bad PMS
sharp abdominal pain in summer for 1 month – she thinks stress related

Findings:

Ren4
Ren9 pulse, also concave
Ren12
Ren15
ST28 %

Kid10 (ovary) and Liv8 (cyst) release ST28
S.I.11 – also makes abdomen better

Kid11
U.B.35 %
Sacrum

Treatment:

S.I.11 – makes U.B.35 better
(mouth to anus)
S.I.6 – alleviates S.I.11
add HT3 – S.I.11 is spontaneously painful
not just by pressure pain

S.I.6 + Ht3
S.I.11 (5 needles on left, 4 on right)
U.B.52
DU15

“mouth to anus” – for U.B.35
for Ren9 pulse
for U.B.35

Take out S.I.11, recheck and re-needle

DU12

thymus point, relates to autoimmune
Released sacrum further

Sitting:

Right G.B.26 – 3 needles

best for trigger finger

Front:

right ST24
L.I.6 + okyu
Right Kid10 + Liv8 + okyu
Kid10 %
left ST25
G.B.27/28 %
Magnets on Kid10 (north), Liv8 (south)

Ren9 pulse
mouth sores
for ovary reflex
ovaries
right ST25 pain, also right S.J.4 Mu/Yuan)
for the San Jiao connection

Case V:

Astigmatism

knee surgeries (2) – left

numbness on inguinal (operation, but no visible scar left), numbness on knee

left side feels weird

this was supposed to be a quick case on astigmatism...

ulcerative colitis

Findings:

Weak quads and hamstrings

left ST30

right ST30 – more painful than left

right S.I.11 – made ST30 better

Back Treatment:

SP3 + LU8 + okyu

S.I.6

S.I.11 (4 needles each side)

T11, T12

left U.B.20

S.J.5 + G.B.41

for numbness

Sugar – for numbness

knee

for External knee Eye

Next Day:

Outer knee eye – less numb,
ST30 still numb

left Spleen line – sigmoid reflex

S.I.11 – releases

Ren17 – stress reflex,

she says stress affects intestines

left SP20

U.B.2 + Yu Yao released Ren17

Kiiko wants to do S.I.11 again, then
treat Lower and Upper Dan Tian.

T5 – tight (typical of Ren17 pain)

U.B.35 (exit) – more on right

Treatment:

S.I.11 – surround

DU15

Sugar points

for U.B.35 (entrance/exit)

L1 – for groin, so take T12-L1

Now left Spleen line is 20%

left ST30 is numb, pain, weird

but less sensitive

Front Treatment:

Findings:

Ren9
right ST30 area
right ST26 – anus shows on Lung: she gets boils on anus
Ren17 – still pressure pain

Treatment:

U.B.2, Yu Yao
Below U.B.2
Above L.I.20
~ST2

Upper Dan Tian for 中 Dan Tian
3 points for astigmatism

now abdomen is better
left ST30 is still lumpy but softer

Jue Yang Ming % + okyu

for left ST30
right one
- because colitis will move to right

right ST24 + left G.B.26

for Ren9

Case VI:

34 year old woman
Infertility
5 IVF cycles, one pregnancy
Left leg – lymphedema from mosquito bite in India (1980's)

Findings:

left Kid2	
left groin (SP12)	amenorrhea point
acne on chin	possibly from exposure to pesticides
Ren9 – tiny pulsing	
Ren4	
Left Kid13, ST28	
Kid16 %	
Liver – under ribs	if pesticides, it shows also checking thyroid - thyroid does not show
right piriformis	
	S.I.11 – clears everything, even left Kid2
Right U.B.18	Liver reflex (as in front)

Back Treatment:

S.I.11 %	right U.B.18 & piriformis – better
right S.I.6	
G.B.31 + okyu	for piriformis
	left U.B.53 is painful (same side as gyn reflexes)
	Kiiko wants to do Jue Tai Yin (lymph = Spleen)
	she found a callous on Yang Ming
left Jue Tai Yin + okyu	release U.B.53
Jue Yang Ming %	callous
U.B.32	
Manipulate, take out and re-do S.I.11	

Front Treatment:

left Kid7 + Kid10	Kid2 has pressure pain
left SP5 + SP9	lymphedema
right Kid9	toxicity
+ L.I.15 (+ okyu)	
Kid27 %	

Case VIII:

Astigmatism
Levator pain
Sciatica – left

this case was meant as a quick demo for eyes

Findings:

piriformis
SCM – top
right ST28
left ASIS
left SP20
left ST18
left Kid24
Ren15

she had pelvic shift 4 years ago

she has numbness in left arm
associated with chest pain

Odi + Kid16 (L) improved piriformis

Treatment:

U.B.2 + Yu Yao
Below U.B.2
ST2 – one next to septum, one below eye

BiTong

because nose is freezing
- she must have a deviated septum

Left SP20, Odi, left Kid16 – better

Manipulating U.B.2 and Yu Yao – for S.I. channel (Levator) pain and Ren15

Case IX:

27 year old woman
Vaginal pain
10 - 26 – chronic yeast infections
16 – 21 – eating disorder
22-25 – hydrocodone, became dependant
pain in patella (right patella dislocated), and vagina
craving sugar
discharge

Findings:

right patella – above and below
right External Knee Eye, nothing on Inner

Ren4

Kid16 %

Ren9

Ren12

Ren15

right Kid13 + St28

right G.B.27, 28 – these are the worst pain

L5

T7 to T2

Tailbone

T11, T12

right SCM

DU2 – makes spine better

S.I.11 – fixes abdomen, SCM, knee
+ Immune – even better

(S.I. has lots of immune/lymph)
adding S.J.5 + G.B.41 (rapid pulse)

Treatment:

DU2

S.I.11

S.I.6

Redoing S.I.11

Kiiko thinks she is Sympathetic type

Front Treatment:

right S.J.5 + G.B.39
right ST41
Kid6 + Kid27
left SP3

vagina now feels cooler

Patella is okay now,
External Knee Eye – some
Ren12, Kid16 – still some
rest of abdomen is good
S.J.5 + G.B.41 – did not work
for scoliosis
for knee
Adrenal
for Sugar (Kid16 = sugar lump)

Case X:

35 year old woman
Menorrhagia, severe pain when bleeding, since age 18
Lupus
15 – jaw broken for over-bite surgery
20 – broke sacrum
Her cramps feel like they shoot down the leg

Findings:

Outside ST30 %
Ren4
Ren9 – concave and ropy
Ren12
Ren15

Jaw %
S.J.17 – base of TMJ
G.B.2/Tai Yang
top of SCM %

nothing on L5
U.B.53 – sore
right iliac crest – pain
sacrum pain

sphenoid bone reflex

S.I.11 – affects jaw somewhat,
makes abdomen better

S.I.11 – made lower back better

Treatment:

S.I.11

behind G.B.21
Jue Shao Yin

Triceps releasing (lateral edge of scapula)
+ opposite G.B.34

a yeast free diet helped her symptoms
thus S.I.11 must do a good job
TMJ point
jaw operation (bone)

trying SP3 + SP8 for sacrum
Spleen is blood regulator
SP8 to rebuild tissue
for wrist (lupus)

Front Treatment:

Kid7 + Kid9 + Kid27
+ S.J.8
right ST24 + left G.B.26

SP3, SP8, SP11

Bone (Kid7) + Sphenoid (Kid9)
for Ren9

Spleen as regulator

SP11 is used as “shuttle” to amplify, because Kiiko did not find a big bump on SP8