

Kiiko Matsumoto Santa Cruz, July 21-22, 2012

PSOAS, Structural Issues:

Psoas – attaches on ST30/Kid11 area
attaches on lumbar

big abdomen – weighs on psoas, affecting L4, L5

weak psoas – person walks with a shuffle, not lifting the leg, easy to fall
also bladder weakness

upper back becomes round, T2-T6 area

Hunch back – can be from weak psoas

Can also be from stomach issues

“rugae shrinking”

hardening of stomach lining –

it is hard for them to straighten upper back

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hardening of stomach lining –

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tight rhomboid → lung gets weak, rhomboid is lung muscle

hunch back – check visceros, check rugae

If Kid11, ST30 gets tight –

Psoas is pulled down

creating a valley back from the pull

lumbar Hua Tuo get very tight

higher chance to develop disc herniation

bad neck will lead to bad lumbar and vice versa

irritated bladder, frequent urination – higher chance of visceros-ptosis

besides the ASIS – also poke the inner thigh – check for tight Liv12 area

Sacro-iliac, sciatica, or any hip issue – check inner thigh

see if the whole hip joint that is involved or just one area (e.g. piriformis only)

then check G.B.26 (with arms up)

trigger finger – usually shows on G.B.26

golfers – also

check LU1/LU2 – pectoralis, relates to Dai Mai

tight pectoralis – relates to breast cancer

for lymph nodes – use SP5, SP9 + under scapular spine.

When checking Kid11 for psoas – not just 90° but towards the pubic bone

Rugae:

Ren10, 12, 13 – Wan 月完

完 – Wan – Kiiko says in Han dictionary it means rugae or fat
Now it means complete as in putting roof over the base
(roof, 宀, over Yuan, first 元)

筧 – Guan was used prior (with bamboo on top)
and has the meaning of a pipe/tube

Kiiko says the old character was composed of

Gu, 骨, bone and Zhi, 脂, grease
meaning fat in the bone

Kiiko associates it with myelin, bone marrow
→ herniation in back or neck, use Ren12

If rugae gets tight, cancer will return according to Japanese research
therefore always treat stomach in cancer patients, check Ren12.

Navel to sternum – has to be in good shape, no pain

Stress – can be Ren17 type or Ren12 type (“where do you receive stress”)

With old age, rugae gets tight

Navel to sternum distance should equal to the distance of navel to pubic bone
If rugae shrinks, navel to sternum shortens, navel to pubic pops out

“rugae shrinking”

hardening of stomach lining – it is hard for them to straighten upper back

Treating Ren12:

Immune + S.J.16 + G.B.20

(especially receiving stress at Ren12 type)

(Avi – G.B.12. Wan Gu, 完骨, might make sense by name)

B12 deficiency type – also shows on Ren12

hard rugae – they cannot produce enzymes to extract B12

ST21, Stomach/Duodenal Ulcers:

ST21 (Liang Men, 梁門: Bridge/Beam Gate)

left – reflects Stomach

right – reflects duodenum

they reflect stomach and duodenal ulcers

Treatment:

P.6 + SP4 – opposite side to ST21 – this changes ST21

then Inner Knee Eye

then palpate SCM (top) and do Ear Triple Warmer (to affect vagus nerve)

Inner Knee Eye can do a good job for ST21

also – ST21 can treat Inner Knee Eye

Inner Knee Eye – typical pattern comes with ST21, SP20: use P.6 + SP4

S.J.5 + G.B.41 – for Extrenal Knee Eye

G.B.41 can be same or opposite side of the knee problem

Kid6 + LU7 – for Liv8/Kid10 area knee pain

Heart and Spleen Connection:

Xi – Joy, 喜 – the emotion of the heart

Kiiko says this is the joy of eating

(usually the mouth is interpreted as singing with a drum, 壺)

Thus the heart is shown as dependant on the Spleen/Stomach

Heart Fire is mother of Earth Spleen

But also -

Spleen channel is precursor of Heart channel

Physiologically, we start with the vertical tube for digestion (Stomach – Ren)

we then need transportation to get nutriments to the chest – this is blood vessels – Spleen

the blood vessels come together to form the Heart,

again showing the Heart as coming from Spleen

large person – weak Spleen –

treat HT7 (Shen Men -神門, Earth point on Heart channel

add G.B.27 (Wu Shu 五樞– Fifth Hinge) because big abdomen tilts inguinal

Great Luo of Stomach:

Great Luo of Stomach relates to Zong Qi

(Su Wen 21 describes the Qi coming from the Stomach, via the blood vessels, to the heart, to the lungs, then to the body and felt in the pulses)

Great Luo of Stomach – relates to leaking Zong Qi

Zong Qi comes from the Stomach –
hence treat it with ST21

Menopause, hot flushes, palpitations

You can find Zong Qi leaking, showing on Ren12 and ST21

Zong Qi leaking reflects shows on Ren17, left SP20, ST18, Kid23-24

Palpitations –

check Ren9, Ren15, Ren17

cardiac patient – always check Stomach

left SP20 – cardiac, anxiety reflex

Ren9 pulse type – easy for blood vessels to contract

They get cold easily – cold hands and feet, or buttocks

Sympathetic dominance type – blood vessels contract: gets cold

Lack of estrogen – typically also cold hands and feet, blood vessels contract
use U.B.66

S.J.5 – very important for RSD, important for sympathetic dominance (rapid pulse)

Under-2nd-Toe – tachycardia point

Under-3rd-Toe - ANS

Constipation:

reflects on Spleen line, left, when pressing towards Stomach channel (not 90°)
(though may not show if just 2 days constipation)

use left Stomach Metal/Water (ST44, 45)

and right G.B. Metal/Water (G.B.43, 44)

constipation – something wrong with G.B. shows up on sigmoid,
therefore treat G.B. and Stomach

Ren Mai

Ren 任 – spool (the Gong, 工, part is a spool)
between two horizontal bones
ST9 and Kid11
Hyoid bone – now called Tongue Bone, but in Su Wen “Horizontal Bone”

Also use SP15 Great Horizontal (Da Heng -大橫)
it is like the balance stick
good point for balance, e.g., coordination problems, hip replacements etc

appendix and GB operations – also affect balance

check Ren Mai – check the Horizontals (ST9, Kid11, SP15)

Ren21 (Xuan Ji, 璇璣) – Sextant, it’s purpose is to look for the north star

Ren3 – (Zhong Ji, 中極) – the North Star (the central pole)

These two treat each other

ST13, also Ren21 – do not leave intradermals when patient is lying down
they will shift down when the patient sits up
put them in sitting up

Immune:

Best for temporal headaches

Temporal headache comes from swollen lymph nodes

Iliac crest (in back) also reflects immune issues

Use Immune points for back pain when it is painful to arch the lower back.

For lymph nodes – use SP5, SP9 + under scapular spine.

Immune is best for low back pain that hurts when arching the back (lordotic arching)

Neck:

C4-C5 – if pain, usually hard to move neck side to side

Any problem above neck – H.A., tinnitus, dizzy, facial paralysis, etc.
check top of SCM – it reflects C1 which can be the cause

For C1 – use Yao Tong Xue (or just S.J.3)

C1 subluxation can come from tonsils/adenoids

Basillary Artery treatment:

Liv8, Kid10, S.J.8 – treat C2-C6 area

IHiKun – for above U.B.10

Kun Lun is related to Heavenly Pillar (Tian Zhu天柱– U.B.10)

The mythology of trying to climb Kun Lun to reach the heaven to see the dead.

Kun Lun 昆侖

昆 – descendants (together under the sun)

侖 – to gather, to order

Any old head injury –

check DU20 to confirm Stagnant Blood in the Head

also if abdomen was cut, or in Tai Yang injury

use SP6, SP9, Pericardium (according to P.8), LU5

the Yuan in Ren4 (Guan Yuan 關元) has the head character in it

(元 as in first/primary, not Yuan, 原, as in Source points)

use Ren4 for:

head

if before birth (Yuan) already has issue (from parents)

autoimmune type

Concussion leading to vision decline, check:

U.B.6 - Cheng Guang, 承光, In Charge of Light

G.B.16 – Mu Chuang, 目窗, Window of the Eye

above U.B.10 – screen area

Kiiko appears to take G.B.16 more lateral (more lateral than ST8)

Estrogen insufficiency creates G.B.20 headache

use U.B.66 (Water on Water)

Water on Water (U.B.66, Kid10) also for dryness

G.B.33 – Yang Guan, 陽關, and DU3 (Yang Guan, 陽關), share the same name
Therefore G.B.33 can treat the lumbar
Kiiko takes G.B.33 2 cun above the knee

Heart of Sole (“Kid0” 1 cun distal to Kid1) – good for Du line

T11,12 – this is a fulcrum in the back
unstable T11,12 can create 4 limb problems,
migrating from hip to shoulder etc.

pain curving spine from side to side (hips go to side) –
this involves T11,T12

Kid9 – for car sickness type

Ileosecal valve spasm – shows on right ST27: best treatment is ST2

T5 – related to SP20, Ren12

T4 – related to Ren17

T7 – relates to Oketsu

S.I.11 – left S.I.11 relates to cardiac, right S.I.11 relates to liver, GB, stomach

Collar, mastoid, tibia/fibula bones –
these bones never fully heal
always check if patient broke them (even if “healed”)

L.I.14, L.I.15 – very important for eyes
(L.I.2 – for sty – it is like secretion of eyes, same as L.I. is secretion)

Case I:

42 year old woman
Low back pain, L2 to L5, S1
Neck and shoulder pain – G.B.21 area
scoliosis
broken tibia and fibula (left)
chronic constipation until adulthood
daily temporal headaches
increased night urination since pregnancy (17 months)
loose skin in abdomen since pregnancy
left side is weaker since child birth
hip and knee pain with movement
thirsty/hot at night

Findings:

left ST Qi and G.B.	tibia/fibula break
right G.B.8 – almost in front of ear	
right G.B.21	
S.J.16 %	weak immunity leads to temple HA
posterior iliac crest	also eak immunity
top of SCM	C1 and ENT
left Kid11	when pressed towards pubic bone
left SCM	
left L2-L5	
left Kid2	
Ren9 - pulse	

Treatment:

Kid7, 10, 27 left	for left Ki2
Immune + moxa	temporal HA, immune type
ST9 – left	for Kid11
right ST24	for Ren9 pulse
Ren12	for tibia
G.B.33 (above knee)	for DU3 pain
SP9	she had full palm pressure on ASIS (and G.B.21)
P.6	add because Pericardium is best friend of Spleen
right SP15	for left Kid11

she still had pain on G.B.21
now it appears it is behind G.B.21 (TMJ point)
C1 on right shows

Liv1 (right) = moxa
ST6 + kyutoshin

Case II:

42 year old woman
fractured jaw – 6 years ago
 basalar skull, orbital fracture, left zygomatic arch surgery
 jaw was wired for 8 weeks
chronic constipation
G.I. sensitivity
recent vision decline
car accident 1989 – whiplash, humpback
sports related whiplash since 1994 (3-4 concussions)
chronic swollen lymph nodes (throat)

Findings:

ST25%	reflects eyes
Ren9	
Ren12	“shooting upwards”
Ren15	
Kid16 (right)	
U.B.6	receiving Light
above U.B.10	eyesight
C4-C5	
C6	worse than C4, C5
Top of SCM	reflecting C1
	all neck findings – worse on left
	top of SCM made neck better – probably the root
	Ren12 – made neck better, but is painful
	Treat Ren12 first, then use it
DU20	not hot – good prognosis
left ST2-3 area	zygomatic arch
U.B.2, Yu Yao	
Bi Tong	
left Kid2	injury side was left, Kid2 shows trauma

Treatment:

Kid7, 10, 27 – left	
Liv8 left	for neck
S.J.8	basillary artery releasse
Immune + S.J.16 + G.B.20	now Ren12 is fine
Yao Tong Xue	for top of SCM
Kid9 + 27 – right	for Kid16
left St44, 45	for ST3
	right U.B.10 – still painful
	no basillary treatment on right
left U.B.16	ameliorated right U.B.10
	Kiiko thinks this is countercoup – origin is in left
	T5 – made Ren12 better – use later

Back Treatment:

left IHiKun
T5

for U.B.10

Back on front:

Trying Kid11 for U.B.2

Kid11 is Bladder Mu by Manaka

Kid11 + Ren3

the Bladder Mu points for U.B.2
Cannot do more U.B. points now – already used)

Kid16

for Bi Tong (navel for nose)

Now U.B.2 is better

Case III:

51 year old man
Lower back pain, L5
Sciatica – right, aggravated by sitting

sleep apnea
osteoarthritis in knees
right shoulder injury
mild H.A.
near sighted
father - diabetic

Findings:

right knee – Inner and Outer knee Eye
left – above knee

left Kid11
Odi

L5
Gluteus – right
T11,12

Treatment:

U.B.43 + moxa
T11, 12 + moxa

gatty liver, also for family related (diabetes)
Sugar

Under scapular spine
L5 – for knee Eye

for gluteal tightness

right HT7

used for any large person
(Spleen issue – Ht7 relates to Earth)
he has boils

U.B.63 + moxa

Front Treatment:

left HT7
left ST21

left ST21 – relates to Stomach
Kiiko wants to shrink his stomach
Also for Knee Eye
Sugar related. Muscular pain
with HT3 – for big person

SP3 + Odi
G.B.27

Right St25 + Liv13

fatty liver

Left S.J.5 + right G.B.41

for external knee eye

Back again:

left U.B.62 + S.I.3
T5 + moxa

for T5 (left)
now that it is better – use T5 for Stomach

Case IV:

Male – Hepatitis C

Findings:

central line scar – Ren14 upwards (childhood operation unclear for what?)

Feels numb

left ST27

Oketsu

right C3

Oketsu/Liver sign

T7

because of Oketsu

T9

liver

Treatment:

left Liv4, LU5

Oketsu

right Kid7, SP7, HT3, P.4

Liver treatment

Back Treatment:

left U.B.35 + kyutoshin

He now shows sharp pain on T10 (G.B, reflex)

right Liv13 + Kyotoshin

for T10

right S.I.11

for T10

Case V:

48 year old woman
stage I breast cancer (bilateral)
palpitations – started at age 12
left shoulder arthroscopic surgery
fibroid ablation
hysterectomy
left knee pain (lateral knee)
fullness, burping, gas

Findings:

left Inner & Outer Knee Eyes	
left SP20	cardiac reflex
Ren17	
Ren15	
Oketsu	
left ST21	reflects gas
Ren12	
Ren9 – pulse	
T5	related to Ren12, SP20
T4	related to Ren17
T7	relates to Oketsu

Treatment:

Right SP4 + P.6	she has left ST21, also Inner Knee Eye
Liv9%	cancer point – made Ren points better (not 17)
Immune + S.J.16 + G.B.20	she receives stress in stomach
	Now Ren17 and SP20 are left
right ST24	for Ren9 pulse
left G.B.26	SP20 is better by 10% but not Ren17
left ST21	made Ren17 & Sp20 better
	this relates to Great Luo of Stomach
left SP6	made SP20 better
	(she had fibroid – bleeding, SP6 – for anemia)

Back Treatment:

left U.B.35 + kyutoshin	for T7
U.B.52	for Ren9 pulse
U.B.66, 67	she has pain on left U.B.60 (cardiac)
	now left S.I.11 is good
T5+ moxa	
Front again:	
G.B.26	for pectoralis
left SP3 + LU8	pectoralis is numb
right SP6 + LU8	she already used SP4 on the right before, so SP6
MuShu	for inguinal scar

Case VI:

35 year old woman
left shoulder pain – 20 years
left wrist pain – 5 days
left psoas strain in pregnancy (delivered 4 months ago)
gestational diabetes, father has diabetes
constipation
right head injury at age 7
right lumbar impact – 12 years ago

Findings:

left SP13 45° towards centre constipation reflex
Ren9 – slight pulse
Kid16% relates to adrenal and sugar

left behind G.B.21
left top of SCM
left scalenes

Odi released neck and shoulder

left Kid11
right Liv14

Treatment:

left ST44, ST45 constipation treatment
+ right G.B.43, G.B.44

SP3 % sugar
Ren4 autoimmune – diabetes is autoimmune
Odi
Kid6 + Kid27 diabetes treatment (she also shows Kid16)
Immune

Manipulating Ren4 – makes head injury (GB) better
also made SCM better

Back Treatment:

T11, 12 diabetes/sugar
left U.B.20 diabetes
Yao Yan for constipation

Case VII:

34 year old woman
bilateral SI joint
hypoglycemia
chronic sinusitis

pneumonia – 1994
SI joint injury – 1996
upper back and neck – 2005
frozen shoulder – left – 2 years ago
stopped birth control 9 months ago
now period is every 36 days (was normal before)
father – cancer, diabetes, cancer (stomach, prostate)
mother - allergies

Findings:

left LU1 – tight (not SP20)	frozen shoulder related
Ren9 – pulse	
left S.J.16 and top of SCM	
G.B.20 %	
Oketsu	
Ren10, 12	lumpy/hard (lots of cancer in father’s family)
ST28 %	ovary reflex
	She came for SI joint – related to Ren4/dan Tian
SI joint – nodule on U.B.26	
S.I.13	painful but fixes U.B.26 and U.B.10
	as does U.B.66 (estrogen point)
T11, T12	
T5	
T7	

Treatment:

U.B.66	
left U.B.35	she has Okestu
S.I.13	
U.B.52	she has Ren9 pulse
T5	for lump on Ren12, also for Ren9

Now abdomen was better, but Ren9 still shows

Front Treatment:

right ST24	for Ren9
Immune + S.J.16 + G.B.20	for Ren12

Case VIII:

38 year old woman
T5 burning pain – attacked 11 years ago and gun (or foot?) was pushed into T5
Multiple head injuries ages 7-14, 8 concussions
PCOD – no symptoms now
Hashimoto's – no symptoms
radiation poisoning 1986 (age 12 – Chernobyl)
father – diabetes, mother – pancreatic cancer

Findings:

ST28 %	gyn reflexes (PCOD)
Kid13 %	
Ren9 – sharp	
Ren12	
ST9	Hashimoto's, radiation
Ren4	
left of DU20 & right G.B.20	counter-coup
appendix scar	healthy but removed when scraping ovarian cysts
right G.B.14 scar	
no pain on Kid2	
T4, T5, T7	

Treatment:

Kid10 %	for ST28
Kid9 + L.I.15 %	for thyroid/radiation
Kid27 %	
Odi	left thyroid did not change, so add Odi (left side) still some left – perhaps it is the head injury
SP6 + SP9, LU5 + P.6	Stagnant Blood in Head Ren9, Ren12 still showing
add left Liv4	for Oketsu (left ST28 was not just ovary, also Oketsu)
Ren4	though it still has some pain (auto-immune, head injury related)
	Kiiko wanted to needle Ren12 for T5 (also hard to straighten upper back) but Ren12 still had pain
left G.B.41 + S.J.5	for right G.B.14 scar (S.J.5 - symp dominance)
Under-3erd-Toe%	
left Under-2end-Toe	
Ren12 + Kyutoshin	T5 is better now

Back Treatment:

DU2	calms sym dom. – for T5, T7
Third Toe metal/Water	for chest T7/T5
IHiKun	T5 still has 50%
Heart of Soul	good for Du line – for her T5 and DU19 area pain
Heart pf Palm (P.8)	now T5 was better

Case IX:

49 year old woman
Spondylothesis (stage I), L4 moved anteriorly
low back pain, severe for two years
gluteal and piriformis region – pain on and off
knee pain % - right for 1 year, left for 6 years
rapid pulse – since pregnancy
constipation – as a child
low blood pressure

Findings:

Kid11
L4

Pain in low back with movement
(tilting pelvis forward, back and side to side)
more on right
(Kid6 category by Ito)

G.B.26
right Liv8/Kid10 area
left Inner Knee Eye

Treatment:

right SP4, P.6
right Kid6 + LU7

for left Inner Knee
for right Liv8 area

Immune (3 points)

for pain when arching back

Odi

for muscular pain
did not do SP3, instead used SP9

SP9

good for lumbar spine

Liv8

good for ligament problems”
she has very loose ligaments
(also lumbar not held by ligaments)

Back Treatment:

T12 – pain on right

she has pain also moving hips side to side
this means she must have T11/12
not just L4 problem

Under Sacular Spine

to release the gluteus