

Palpation Diagnosis Areas - Kiiko Style

Area	this area reflects	and is treated by	this area treats
DU20	Stagnation of Blood in Head Post-partum depression	Ren22 SP6, SP9, LU5 + Pericardium	Ren22 with Ren22 - treats face, nose with chain in ears - treats eyes
U.B.2	hormonal (pituitary Mu) sinus issues eyes and pain in Tai Yang	S.I.3 Immune Points Liv2, Liv9	hormonal/pituitary issues pain in Tai Yang channels (with ears + DU20 + Pachi) U.B.10
ST2, L.I.20	sinus	Immune Metal/Water of Yang Ming	
ST5, 6, 7	TMJ	Adrenal + behind G.B.21	behind G.B.21
Under Chin (above Ren23)		DU20 + Ren22 (with Pachi)	
SI19, S.J.21, G.B.2	ears	HT3, Under Mastoid, L2 if infection - SP7 + ~S.J.8 high pitch: - moxa ~S.J.19 (back fold of ear) tinnitus/deafness: - Kawaii ear point + 2 painful + Pachi	
above U.B.10	hormonal (Pituitary Shu)	S.I.3 if injury - U.B.58, 40, 60	treating this area treats eyes
U.B.10, G.B.20	blood pressure disorders	Under-3rd-Toe + SP6, SP9, Pericardium	
right G.B.20	Liver	Liv4, left ST27, right Liv14	
Under-Mastoid	Adenoid - deep tissue pain	Liv13	needed upwards - treats ears
S.J.16	weak glands, weak immunity	Immune Points (T.I.10,11)	immune issues (needle + moxa)
C3 right left	Liver Heart	Liv4, left ST27, right Liv14 rapid pulse - Ren4 slow pulse - U.B.27	
cervicals	structural imbalance	T5 (or above) sacro-iliac, G.B.26, Yao Yan	
Trapezius (at cervicals)	check one-sided symptoms	opposite ~S.J.8 + G.B.40 same side G.B.26	
ST9, L.I.18	Thyroid	Kid3 + LU4 or S.J.4 hypothyroid: - L2, T11, T7, T5, T1 hyperthyroid : - if Kid2 is painful - Kid7, 10	
SCM	check for one-sided symptoms reflects ANS imbalance sphincter issues	in all cases treat: opposite ~S.J.8 + G.B.40 if rapid pulse - S.J.5 + G.B.41 if slow pulse - use S.J.3	
Scalenes (ST11, 12)	Spleen (with muscle pain) brachio-radial plexus (arm pain)	SP3.2 (add Stomach Qi) for muscle pain - add Nagano ST22 (Odi) SP3.2 + LU7 (also Ren12)	
Ren22		DU20	with DU20 (+ Pachi): face, sinus, eyes
Ren21			Ren3, 2 (bladder)
ST13			inguinal (viscero-ptosis)

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Kid27		HT7	Navel (4, 8 o'clock) with Kid6 Adrenal, Shock
Kid23 - 26	left only - Heart both sides - Lung	rapid pulse - Ren4, slow - U.B.27 LU5	
LU1	structural imbalance Lungs (less common than Kid. line)	G.B.26 LU5	
Ren17	Anxiety Heart	P.4 Ren4, Ren6	
Ren14	Anxiety Heart Water Toxins	P.4 + SP3 rapid pulse - Ren4, slow - U.B.27 SP4, SP9	
Liv14 (right)	sharp - Liver Excess dull - Liver Deficiency	right Kid7, SP7, HT3, P.4 Liv1 (or Liv5)	needle for right neck pain
Under rib cage (right)	sharp - Liver Excess dull - Liver Deficiency thick when pinching	right Kid7, SP7, HT3, P.4 Liv1 (or Liv5) Liv1 (or Liv5)	
Under ribs - right lateral to nipple line	pain when tapping - G.B.	right S.J.1, 2, G.B.43, 44	
Ren12		SP9, or Kid6, Kid27	can help release scalenes treats ST (and G.B.) channels below the knee
Ren12, ST21 beam	pancreas weakness	Kid6, Kid27 also add T6, T11,12	
ST21	ulcer	SP4	
Nagano ST22 (right)	Odi Sphincter	SP3.2, Stomach Qi	muscular pain
ST23	digestive issue (splenic & hepatic curvatures)	Ren19	(try for Ren19 pain)
ST24 (right)			Ren8, Ren9 pulsing
Ren9	Water retention (also ST28) S.I. Mu Water Toxins Anxiety	SP3, 7, 11 G.B.25, U.B.23, U.B.25 S.I.1, 2, or S.I.3 SP4, SP9 right ST24	
Navel	whole navel - Spleen 4 o'clock, 8 o'clock - adrenal Cold navel - bad circulation left Kid16 - Sugar lump	SP9 Kid6 + Kid27 SP10 (moxa) + salt moxa on navel Kidney Support (above SP10) or SP3.2 T11, 12	treat the Sugar lump itself Allergies
Liv13			Under-Mastoid, deep tissue pain
G.B.26	Kidney Deficiency Structural imbalance if ropy - possibly high salt intake	Kid7, LU5	LU1 - pain L.I. shoulder pain inguinal inner knee pelvic shift trapezius (at cervicals)
left ST25 - 27 (also Kid15 - 16)	Stagnant Blood (Oketsu)	Liv4 + LU5	needle (+ Kyotoshin if cold) for Oketsu type with stubborn neck or face symptoms

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right ST25 - 27	Lung Spleen Immune <small>(can reflect Oketsu if left is stronger)</small>	LU5 SP9 Immune Points (T.I.10, 11)	
ST28	Water Ovaries	SP3, 7, 11(G.B.25, U.B.23, 25) Kidney (usually Kid7, Kid10)	
Kid13	Uterus Prostate	Metal/Water of Liver or Spleen Metal/Water of Liver and Kidney	
Ren2, 3, Kid11	Bladder <small>can also be extension of viscero-ptosis</small>	LU7, Ren21, tiger-warmer DU2 ST13, G.B.26, Inner Yin	can treat Ren21 cough
ST30, inguinal	viscero-ptosis weak ligaments	ST13, G.B.26, Inner Yin P.4 (many operations) Immune (weak ligaments) ST34, G.B.31	
T1			treats tail bone injury
T2 - T6	Shen (on the Du)		opens up ANS (especially T5)
T2 - right	G.B.		G.B.
T3 - T6			for breast issues - treat any area that feels weird
T3 - T5			treat for neck (esp. C3) also treats face
T3			top of head (if bumped)
T4			eyes (especially tears)
T3 - T5 - left	Heart		Heart
T5	Shen	HT7	
T10 - right	G.B.		G.B.
T11, T12	Sugar		Sugar midback spasms/pain
L1			inguinal
L2			ears hormonal issues with heavy menses
L3			hip joint, G.B. channel
L4-L5-S1	pelvic shift	sacro-iliac joint SP9, or Kidney G.B.26	
G.B.21 (top)	Wood Invading Earth	SP9	
G.B.21 (behind)		ST5, 6, 7	TMJ (ST5, 6, 7)
U.B.11			bones in face/head, teeth, TMJ
S.I.13	Pituitary		bladder tight paraspinals (in hormonal type)
Under Scapular Spine			Lungs/Immunity
S.I.11			breast
S.I.11 (right)	G.B.		G.B.
S.I.11 (left)	Heart	U.B.27, Under-2nd-Toe	moxa for cardiac patients
S.I.9, S.I.10 area	Blood Pressure		blood pressure Shoulder pain U.B.13-16, U.B.42-45 area
U.B.13-15, 42-45	if both sides - Lungs if left - Heart (cardiac)	S.J.1, 2, S.I.9, 10 then needle/moxa gummy areas S.I.9, 10 T5 U.B.27 (slow pulse) Under 3rd Toe (rapid pulse) then needle/moxa gummy areas	needle and moxa any areas that are left after releasing via remote points - for Lung and Heart conditions

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U.B.43	Liver (especially on right) possibly thyroid or fat metabolism problem	Liv1	
U.B.17	Stagnant Blood	U.B.35 (left is more important)	Stagnant Blood
Asthma Shu			Asthma Insomnia ANS disorders
U.B.17, 18 (right)	Liver	left U.B.35	needle after releasing via U.B.35
Mid back (U.B.20-21)	Sugar/Spleen	SP3.2/SP4 Sugar Points (T11, T12)	hamstrings
Quadratus Lumborum	Kidney Deficiency	Huakaya LU10 (moxa)	
Under Iliac Crest	Immunity	Immune (T.I.10,11), S.J.16	
U.B.27			cardiac with slow pulse
U.B.32			hormonal issues with light menses important in slow pulse type
Piriformis	tightness may relate to infertility	Huakaya G.B.31	
L.I.15	Kidney or Spleen	G.B.26 (or Kid7, LU5)	skin problems (21 moxa) water in face (21 moxa)
L.I.14			vocal cords eyes
LU4			to allow expansion of ribs for deeper breathing
HT3			S.I. channel pain Liver Excess (with P.4, Kid7, SP7)
LU5			Oketsu (with Liv4) Lung problems (moxa also) - showing on Kid23-26 Kidney Deficiency (add to Adrenal)
LU6 (left)			rectal vein congestion hemorrhoids
P.4 (3 fingers below P.3)			Ren17 (anxiety) Liver Excess (right only) Blood Supply to abdomen
P.6			top of head H.A. (with SP6) Inner Knee (with SP4) Crohn's (with SP6)
LU7/LU8			ST12 area (brachioradial plexus) Ren3, DU2 (bladder) top of tail bone
LU8			Oxygen Point use for numbness (anywhere)
HT7			Kid27 T5
under L.I.11 (on S.J.)			opposite ankle
Immune (T.I.10, 11)			S.J.16 tennis elbow
above S.J.9 ("~S.J.8")			opposite SCM (with G.B.40) ears (same side - with SP7) thyroid
S.J.5			scoliosis opposite SCM (rapid pulse)
S.J.4			thyroid tight calves with G.B.34 (opposite)

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S.J.3			top of SCM SCM (for slow pulse)
S.J.1, 2			G.B. problems (right only) strengthen Upper Lymph nodes
L.I.4			Tai Yang (point, Shao Yang zone) H.A.
L.I.1, 2			sinuses any (Yang Ming) face issue may work same or opposite side
S.I.3			U.B.2: hormonal/pituitary
S.I.1, 2			Ren9
S.I.1			cough
Groin (Liv12, SP12)	lack of blood flow in legs	Liv4	lack of circulation in legs (e.g. knee problems) Sympathetic Dominance
Liv9			eyes, pain behind eye neck
Inner Yin			viscero-ptosis (inguinal) trapezius constipation (left SP15)
Kidney Support			Sugar Lump
SP10			short pulse (no 3rd position) cold navel (lack of circulation)
ST32			knee (cannot bend/stretch)
ST34			viscero-ptosis (inguinal)
G.B.31			viscero-ptosis (inguinal)
Huakaya G.B.31			piriformis
G.B.34			opposite wrist opposite calf tightness
behind G.B.34			releases hamstring
Stomach Qi			knee (especially patella) lack of appetite add if choosing SP3.2
G.B.39			scoliosis eyeball pain, glaucoma treat if wiry (excess) pulse (with SP9)
G.B.40			deep nose issues (21 moxa) pair with S.J. for opposite SCM
ST41	foot imbalance		foot, Achilles pain can treat ST25 (both are hinges)
Liv8			cysts uterus
Liv5			anti-inflammatory endometriosis bladder infections vaginal infections detox (heavy drugs) skin problems
Liv4			Oketsu (left ST25-27) right Liv14 right C3
SP9			navel blood pressure Stagnant Blood in Head G.B.21 pain

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SP7			Water (Ren9, ST28) ear infections dizziness from past ear infections stops bleeding
SP6			Crohn's (with P.6) blood pressure Ren7 pressure pain
SP5			anti-inflammatory point
Kid10			ovary problems (ST28) with Kid7
Kid9			skin thyroid tumors substitute Adrenal in elderly
Kid7			G.B.26 area ovaries (ST28) Adrenal substitute if pain on Kid2 scoliosis
Kid3			Thyroid (with S.J.4, or LU4) Asthma (if hard to inhale - with LU5) substitute Adrenal if rapid pulse
Kid6			navel (4, 8 o'clock) with Kid27 shock, adrenal exhaustion Ren12 beam (weak pancreas) an immune point
U.B.63			diarrhea, water loss, nose polyps - moxa on painful spot
U.B.66			hormonal issues with heavy menses tail bone injury for tight calves (sends fluid)
U.B.67			for Ren1 area (herpes, vaginal infections, etc.)
G.B.43			women: hormonal problems with ear problems
G.B.43, 44			right - G.B. stones
ST44, 45			sinus and Yang Ming face issues
ST44 (sinew)			cysts
Kid2	hyperthyroid, diabetes, restless leg	Kid7, Kid10	
SP4			Inner Knee Asthma (if hard to exhale - with LU5) Ren9, Ren14 - Water Toxins sends blood away from chest
SP3.2			ST11, 12 (scalenes) any muscle pain (with scalenes)
SP3			Ren14, 15 - anxiety (with P.4) sends blood to chest
Liv2	easily angered person	Liv4, Liv8	hormonal H.A. (U.B.2) Testicles (on healthy side)
Liv1			U.B.43 area Liver Deficiency (thick pinching under right ribs) Testicles (on unhealthy side)
Centre of Heel			moxa for insomnia
Kid1			heel pain
Under-2nd-Toe			Cardiac

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Under-3rd-Toe			Blood Pressure (U.B.10 area) Sympathetic Dominance G.B. stones