

Ear Problems:

Reflexes:

Ear pain/problems usually reflect on S.J.17
Also, find out which is most painful: S.J.21, S.I.19, G.B.2, and use as reflex
Hearing loss and tinnitis – mastoid becomes gummy
Ears may reflect on Kid16 as ears belong to Kidneys
L2 Hua Tuo – best to check on the side
C3 Hua Tuo – can be used as reflex (as well as S.J.17
S.J.16 and below – swollen gland reflex

Treatment:

ear infections – ~S.J.8 + SP7 (same side as ear problem)

otitis - Liv1(½) – on the crease: moxa. Poke with Q-tip to find the painful spot

Ear infection in children – bleed Kid2 (Kid2 is for all children infections)

tinnitis – Hukaya G.B.11: fold ear in half (top to bottom) and touch back to scalp
Kawaii Ear Eustachian tube point

Women ear problems (gets worse with menses or menopause) – G.B.43

General Ear points:

Kawaii Ear Eustachian Tube point – do not use until you checked all reflexes

Lower border of triangle U.B.10, G.B.20 (not in hair line)

L2 Hua Tuo

C3 Hua Tuo

Liv13 – to release Mastoid

Immune – to release gland reflex (S.J.16)

Metal/Water of channel involved:

if G.B.2 is most painful – G.B.43, 44

if S.J.21 is most painful – S.J.1, 2

if S.I.19 is most painful – HT3 (HT3 serves as Metal/Water for S.I. channel)

Needle under mastoid bone

Kawai style:

1. Needle most painful and next most painful in front of ear. Needle Eustachian Tube point. Green clip attached to most painful point in the front. Red clip to next-most painful point. Black clip to back of pachi-pachi. Spark the Eustachian Tube point and attach black cord to it.
2. Place two diode rings (colour to colour, converging at Eustachian Tube point. Red clip on green/blue diode ring, green clip on red diode ring. Cover the whole ear with aluminum foil. Black clip on back of pachi-pachi, spark foil and attach black clip to foil.

Eye Problems:

It is very important to treat eyes, because eyestrain can lead to back pain on either Tai Yang channel (both Tai Yang channels and their Divergents meet at U.B.1). Eye are a perception as well as an expression organ (like the mouth). If the eyes get tired the whole body can get tired.

Reflexes:

ST25 if acute eye problem, e.g., sudden eyesight decline
U.B.2
Above occiput
T4 Hua Tuo
C6, C7 Hua Tuo

Treatment:

Dry eyes or floaters – “G.B. Peyes” points (G.B.5,6,7 area)
Tearing eyes – T4 Hua Tuo

Sty, eyelid problems – L.I.2 or Sawada L.I.2

Cataracts – Treat Sugar, Ren/Du Miscommunication, T4, S.J.20 (fold ear to front – where apex touches scalp)

Deep eye pain (behind the eye) – often has wiry pulse (Nagano definition)
use G.B.39 + SP10
(same for stroke, Parkinson’s Bell’s Palsy)

Glaucoma – G.B.39 + SP10 + Zhong Kui

Points for the eye on the hand:

(you may need to use one or more)

- Sawada L.I.2 – sty, eyelid problems
- Zhong Kui – glaucoma, declining eyesight
- Centre of the dorsum of thumb’s interphalangeal joint
- for chronic eye problems, tired eyes, blurry vision, eye pain
- Interphalangeal joint of thumb (medial side: not Lung line)
- floaters, red eyes , conjunctivitis

Nasako style, early stages of eyesight decline (Japanese teenager):

U.B.2, G.B.14, G.B.1, ST1

All toward the eye, except ST1 (down toward ST2)

Patient can massage also

G.B.14 – must find the hole

Manaka style:

U.B.32 for all eye problems

Hukaya style:

L.I.14 is essential eye point

Between the deltoid tuberosity and 4 fingers below L.I.15

Moxa

(this point is also for voice problems)

Liv1 (in centre of big toe – imitating P.9) – for red eyes

Nagano style:

Release top of SCM, also above occiput

You can also needle top of SCM upwards.

(Nagano uses this for eyes, Nasako to open carotid artery)

If injury above occiput – use Ihikun (U.B.58, 40, 60)

Wiry pulse – G.B.39 + SP10

G.B.39 for eye ball problems

T4 – for all eye problems (if too painful to needle, release with Ear brainstem)

C6, C7 Hua Tuo

G.B.26 – for any eye problem

Kawai style:

Place diode ring in each ear (or small silver chain that fills the ear)
Green clip attached to ring/chain on worse side
Red clip on opposite side
Black to back of pachi-pachi, spark DU20 and attach clip to it

This is accompanied by one of the following treatments:

1. Ren/Du miscommunication:
DU20 – red and green clips
Ren22 – black clip
2. Kawai Eye point – ½ way from U.B.2 to G.B.14, needle downwards toward the eye
G.B.1 – down toward the bone 45°

Once these are needles you can choose either variation:

1. One triangle inside the other (crossing sides):
One cord attached to both Kawai Eye points + DU20
Second cord attached to both G.B.1 + DU20
(be sure that each side gets one red and one green clip)
2. One triangle on each side:
red/green on Kawai Eye point,
with other clip (green/red) on same side G.B.1
black on DU20
(be sure that G.B.1 gets different colour clip on each side)

This treatment is recommended also for back pain related to eye strain.